



September 2026

All ice is on CUPE 109 ice pad (unless otherwise noted)
Times/locations in RED indicate change from normal schedule

SUN	MONDAY	TUES	WEDNESDAY	THURSDAY	FRI	SATURDAY
	AUGUST 31 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> STAR C/D: 6:00-7:10 pm <i>Flood 7:10-7:20 pm</i> STAR D: 7:20-7:50 pm	SEPT 1	2 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-6:00 pm <i>Flood 6:00-6:10 pm</i> STAR C/D: 6:10-7:10 pm <i>Flood 7:10 – 7:20 pm</i> STAR D: 7:20-7:50 pm	3 STAR C/D: 4:00-5:10 pm STAR D: 5:10-5:40 pm <i>Flood 5:40-5:50 pm</i> SO: 5:50-6:50 pm STAR B: 6:50-7:50 pm	4	5 STAR A: 8:00-8:50 am <i>Flood 8:50-9:00 am</i> STAR B: 9:00-10:10 am <i>Flood 10:10-10:20 am</i> STAR C/D: 10:20-11:50 am
6	7 HOLIDAY NO ICE	8	9 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-6:00 pm <i>Flood 6:00-6:10 pm</i> STAR C/D: 6:10-7:10 pm <i>Flood 7:10 – 7:20 pm</i> STAR D: 7:20-7:50 pm	10 STAR C/D: 4:00-5:10 pm STAR D: 5:10-5:40 pm <i>Flood 5:40-5:50 pm</i> STAR B: 5:50-6:50 pm <i>Flood 6:50-7:00 pm</i> Adult STAR: 7:00-7:50 pm	11	12 STAR A: 8:00-8:50 am <i>Flood 8:50-9:00 am</i> STAR B: 9:00-9:50 am <i>Flood 9:50-10:00 am</i> -----BREAK (1 hour)----- STAR C/D: 11:00-11:50 am SO: 1:00-1:50 pm
13	14 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> STAR C/D: 6:00-7:10 pm <i>Flood 7:10-7:20 pm</i> STAR D: 7:20-7:50 pm	15	16 ALL ICE AT KINSMEN STAR B: 4:30-5:30 pm <i>Flood 5:30-5:40 pm</i> STAR A: 5:40-6:30 pm <i>Flood 6:30-6:40 pm</i> STAR C/D: 6:40-7:40 pm <i>Flood 7:40-7:50 pm</i> STAR D: 7:50-8:20 pm	17 STAR C/D: 4:00-5:10 pm STAR D: 5:10-5:40 pm <i>Flood 5:40-5:50 pm</i> STAR B: 5:50-6:50 pm <i>Flood 6:50-7:00 pm</i> Adult STAR: 7:00-7:50 pm	18	19 STAR A: 8:00-8:50 am <i>Flood 8:50-9:00 am</i> STAR B: 9:00-9:50 am <i>Flood 9:50-10:00 am</i> STAR C/D: 10:00-10:50 am
20	21 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> STAR C/D: 6:00-7:10 pm <i>Flood 7:10-7:20 pm</i> STAR D: 7:20-7:50 pm	22	23 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-6:00 pm <i>Flood 6:00-6:10 pm</i> STAR C/D: 6:10-7:10 pm <i>Flood 7:10 – 7:20 pm</i> STAR D: 7:20-7:50 pm	24 STAR C/D: 4:00-5:10 pm STAR D: 5:10-5:40 pm <i>Flood 5:40-5:50 pm</i> SO: 5:50-6:50 pm STAR B: 6:50-7:50 pm <i>Flood 7:50 – 8:00 pm</i> Adult STAR: 8:00-8:50 pm	25	26 STAR A: 8:00-8:50 am <i>Flood 8:50-9:00 am</i> STAR B: 9:00-10:10 am <i>Flood 10:10-10:20 am</i> STAR C/D: 10:20-11:50 am SO: 12:00–1:00 pm PA Training: 12:00-2:00 pm (on ice 1-2 pm) Coaches Meeting: 2:00-3:00 pm
27	28 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> STAR C/D: 6:00-7:10 pm <i>Flood 7:10-7:20 pm</i> STAR D: 7:20-7:50 pm	29	30 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-6:00 pm <i>Flood 6:00-6:10 pm</i> STAR C/D: 6:10-7:10 pm <i>Flood 7:10 – 7:20 pm</i> STAR D: 7:20-7:50 pm	SEPTEMBER NOTES: PLEASE CAREFULLY CHECK TIMES AND LOCATIONS as they will vary week-to-week. Special Olympics Ice: Sept 3 rd , 12 th , 24 th and 26 th September 16th: All ice at KINSMEN in the Cataraqui Arena. Skating starts at 4:30 pm, so please check times. Adult STAR: Open to all Adult STARSkaters		