



January 2026

All ice is on CUPE 109 ice pad (unless otherwise noted)
 Times/locations in RED indicate change from normal schedule

SUN	MONDAY	TU	WEDNESDAY	THURSDAY	FRI	SATURDAY
JANUARY NOTES: Note changes in times from Fall/Winter on Mondays and Wednesdays Thursday January 1 st – No ice – Happy New Year! Saturday January 3 rd – No rec programming – note time changes for STARSkate Saturday January 17 th – All ice on UFit Ice Pad – Centre 70 Saturday January 24 th – All ice on UFit Ice Pad – Centre 70				1 HAPPY NEW YEAR! WELCOME 2026!	2 KSSC A.M. ICE C/D: 6:00–7:00 am A/B/C: 7:00 – 7:50 am	3 Adult STAR 1-4: 8:00- 8:50 am <i>Flood 8:50-9:00 am</i> STAR A: 9:00-9:45 am STAR B: 9:00-10:10 am <i>Flood 10:10-10:20 am</i> STAR C / D: 10:20-11:50 pm Special O: 11:00-11:50 am MemC
4	5 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> CanSkate: 6:00-6:45 pm <i>Flood 6:45 – 6:55 pm</i> STAR C / D: 6:55-8:00 pm <i>Flood 8:00-8:10 pm</i> STAR D: 8:10-8:50 pm	6	7 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-5:55 pm Advanced CS: 5:10-5:55 pm <i>Flood 5:55-6:05 pm</i> CanSkate: 6:05-6:50 pm <i>Flood 6:50-7:00 pm</i> STAR C / D: 7:00-8:10 pm STAR D: 8:10-8:50 pm	8 STAR C / D: 4:00-5:00 pm STAR D: 5:00-5:30 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR B / C: 6:35 – 7:50 pm <i>Flood 7:50-8:00 pm</i> Adult STAR 5+: 8:00-8:50 pm	9 KSSC A.M. ICE C/D: 6:00–7:00 am A/B/C: 7:00 – 7:50 am Special O: 11:00-11:50 am MemC →	10 Adult/Teen LTS: 8:00-8:40 am Adv CS: 8:40-9:25 am Adult STAR 1-4: 8:40-9:25 am <i>Flood 9:25-9:35 am</i> CanSkate 1: 9:35-10:20 am <i>Flood 10:20-10:30 am</i> STAR A: 10:30-11:15 am STAR B: 10:30-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C / D: 12:35-1:50 pm
11	12 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> CanSkate: 6:00-6:45 pm <i>Flood 6:45 – 6:55 pm</i> STAR C / D: 6:55-8:00 pm <i>Flood 8:00-8:10 pm</i> STAR D: 8:10-8:50 pm	13	14 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-5:55 pm Advanced CS: 5:10-5:55 pm <i>Flood 5:55-6:05 pm</i> CanSkate: 6:05-6:50 pm <i>Flood 6:50-7:00 pm</i> STAR C / D: 7:00-8:10 pm STAR D: 8:10-8:50 pm	15 STAR C / D: 4:00-5:00 pm STAR D: 5:00-5:30 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR B / C: 6:35 – 7:50 pm <i>Flood 7:50-8:00 pm</i> Adult STAR 5+: 8:00-8:50 pm	16 KSSC A.M. ICE C/D: 6:00–7:00 am A/B/C: 7:00 – 7:50 am Special O: 11:00-11:50 am MemC →	17 ALL ICE AT UFIT ICE PAD – Centre 70 Adult/Teen LTS: 8:00-8:40 am Adv CS: 8:40-9:25 am Adult STAR 1-4: 8:40-9:25 am <i>Flood 9:25-9:35 am</i> CanSkate 1: 9:35-10:20 am <i>Flood 10:20-10:30 am</i> STAR A: 10:30-11:15 am STAR B: 10:30-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C / D: 12:35-1:50 pm
18	19 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> CanSkate: 6:00-6:45 pm <i>Flood 6:45 – 6:55 pm</i> STAR C / D: 6:55-8:00 pm <i>Flood 8:00-8:10 pm</i> STAR D: 8:10-8:50 pm	20	21 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-5:55 pm Advanced CS: 5:10-5:55 pm <i>Flood 5:55-6:05 pm</i> CanSkate: 6:05-6:50 pm <i>Flood 6:50-7:00 pm</i> STAR C / D: 7:00-8:10 pm STAR D: 8:10-8:50 pm	22 STAR C / D: 4:00-5:00 pm STAR D: 5:00-5:30 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR B / C: 6:35 – 7:50 pm <i>Flood 7:50-8:00 pm</i> Adult STAR 5+: 8:00-8:50 pm	23 KSSC A.M. ICE C/D: 6:00–7:00 am A/B/C: 7:00 – 7:50 am Special O: 11:00-11:50 am MemC →	24 ALL ICE AT UFIT ICE PAD – Centre 70 Adult/Teen LTS: 8:00-8:40 am Adv CS: 8:40-9:25 am Adult STAR 1-4: 8:40-9:25 am <i>Flood 9:25-9:35 am</i> CanSkate 1: 9:35-10:20 am <i>Flood 10:20-10:30 am</i> STAR A: 10:30-11:15 am STAR B: 10:30-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C / D: 12:35-1:50 pm
25	26 STAR B: 5:00-5:50 pm <i>Flood 5:50-6:00 pm</i> CanSkate: 6:00-6:45 pm <i>Flood 6:45 – 6:55 pm</i> STAR C / D: 6:55-8:00 pm <i>Flood 8:00-8:10 pm</i> STAR D: 8:10-8:50 pm	27	28 STAR B: 4:00-5:00 pm <i>Flood 5:00-5:10 pm</i> STAR A: 5:10-5:55 pm Advanced CS: 5:10-5:55 pm <i>Flood 5:55-6:05 pm</i> CanSkate: 6:05-6:50 pm <i>Flood 6:50-7:00 pm</i> STAR C / D: 7:00-8:10 pm STAR D: 8:10-8:50 pm	29 STAR C / D: 4:00-5:00 pm STAR D: 5:00-5:30 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR B / C: 6:35 – 7:50 pm <i>Flood 7:50-8:00 pm</i> Adult STAR 5+: 8:00-8:50 pm	30 KSSC A.M. ICE C/D: 6:00–7:00 am A/B/C: 7:00 – 7:50 am Special O: 11:00-11:50 am MemC →	31 Adult/Teen LTS: 8:00-8:40 am Adv CS: 8:40-9:25 am Adult STAR 1-4: 8:40-9:25 am <i>Flood 9:25-9:35 am</i> CanSkate 1: 9:35-10:20 am <i>Flood 10:20-10:30 am</i> STAR A: 10:30-11:15 am STAR B: 10:30-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C / D: 12:35-1:50 pm