



Excel with us - fun... fitness... passion... achievement

CanSkate Newsletter

Welcome back to Fall Season 2025 at Skate Kingston! We are so excited for the new CanSkate Session to begin, and are excited to welcome back all new and returning skaters. All Skate Canada Programs operate under the same system structure to keep your child moving on the ice. At Skate Kingston, we are proud to be a club that can offer you a program that is taught far and wide across our Nation.

We are so proud to say we are a Skate Ontario CanSkate Excellence "EXCEEDED" expectation club.

For up to date information, please visit our website www.skatekingston.com for your guide to monthly schedules, prices, pictures and other helpful information. "LIKE" us on our Facebook page at www.facebook.com/SkateKingston and follow us on Instagram at [skate_kingston](https://www.instagram.com/skate_kingston).

REMINDERS: Please refer to the calendars attached for Venue Changes and Cancelled Session.

CANSKATE PARENTS – MUST remain at the arena in the upper stands while your child is on the ice. Coaches and PA's are not permitted to take children to the washroom.

PARTICIPANT NAME TAGS – Name tags can be taken off the name tag board at the beginning of each session and attached to your child's clothing so it is visible for Coaches and PAs. Please do not put the stickers your child receives at the end of the session on the name tags. **Please ensure you RETURN name tags at the end of every session.**

HELMET POLICY – Reminder to all parents that helmets are mandatory for skaters on the ice. Please ensure they are CSA approved helmets.

THEME DAYS – Each Month we will be having a Theme Week.

- October is Halloween Spirit Day running from October 24-30th, 2025.
- November is Favourite Sports Jersey Day running from November 10-15th, 2025.
- December is Red, White and Green Day running from December 1-6th, 2025.

MANDATORY FUNDRAISER – The Annual Mandatory Fundraising fee of \$30 per family was paid with your registration into Skate Kingston programs. This is inclusive of boxes of chocolate. This chocolate will be distributed as soon as possible during classes once it is received by the skating club.

SATURDAY CANSKATE DIRECTOR – For any questions that arise on Saturday Pre-Star, Adult LTS or CanSkate, please see Julie Hughes as she will be the Saturday CanSkate Director.

CLOTHING – Please make sure that your child is dressed appropriately. Warm clothing but not too restricting. Please also make sure that they are wearing mittens. Please do not have them wearing any fluffy fabric gloves/mittens as they stick to the ice and leave the fabric pieces behind.

CLUB CLOTHING – Clothing can now be ordered through the Skate Kingston Website. Please follow the link to access the clothing. <https://specialtytrophies.ca/skatekingston/>

For questions and/or concerns, please contact our Director of CanSkate:

Tonya Van De Ven at tonyavandeven@gmail.com or by phone at 613-453-7689