



Excel with us - fun... fitness... passion... achievement

CANSKATE NEWSLETTER

Welcome back to Winter Session 2025 at Skate Kingston! We are so excited for the new CanSkate, Advanced CanSkate and ALTS Sessions to begin, and are excited to welcome back all new and returning skaters to Skate Kingston. All Skate Canada Programs operate under the same system structure to keep your child moving on the ice. At Skate Kingston, we are proud to announce we are an **EXCEEDED** CanSkate Excellence Club!

For up to date information, please visit our website www.skatekingston.com for your guide to monthly schedules, prices, pictures and other helpful information. "LIKE" us on our Facebook page at www.facebook.com/SkateKingston and follow us on Instagram at [skate_kingston](https://www.instagram.com/skate_kingston).

REMINDERS: Please refer to the calendars attached for Venue Changes and Cancelled Sessions.

CANSKATE PARENTS – MUST remain at the arena in the upper stands while your child is on the ice. Coaches and PA's are not permitted to take children to the washroom.

PARTICIPANT NAME TAGS – Name tags can be taken off the name tag board at the beginning of each session and attached to your child's clothing so it is visible for Coaches and PAs. Please do not put the stickers your child receives at the end of the session on the name tags. **Please ensure you RETURN name tags at the end of every session.**

HELMET POLICY – Reminder to all parents that helmets are mandatory for skaters on the ice. Please ensure they are CSA approved hockey helmets. Bicycle and Skiing helmets are NOT PERMITTED.

CANSKATE PARENT ORIENTATION – If you would like to learn more about the CanSkate program, there will be orientation sessions held on each CanSkate session beginning Thursday January 9th for one week. Signs will be posted at the rink, and the session will be held in a changeroom during the CanSkate session.

THEME DAYS – Each Month we will be having a Theme Week.

- January is Favourite Sports Jersey Day running from January 13-18th, 2025.
- February is Red, White and Pink Day running from February 8-13th, 2025.

MANDATORY FUNDRAISER – The Annual Mandatory Fundraising fee of \$30 per family was paid with your registration into Skate Kingston programs. This is inclusive of boxes of chocolate. This chocolate will be distributed as soon as possible during classes once it is received by the skating club. If you skated in the Fall Session, this does not apply to you.

SATURDAY CANSKATE DIRECTOR – For any questions that arise on Saturday Advanced CanSkate, Adult LTS or CanSkate Sessions, please see Julie Hughes as she will be the Saturday CanSkate Director.

CLOTHING – Please make sure that your child is dressed appropriately. Warm clothing but not too restricting. Please also make sure that they are wearing mittens. Please do not have them wearing any fluffy fabric gloves/mittens as they stick to the ice and leave the fabric pieces behind.

CLUB CLOTHING – Clothing can now be ordered through the Skate Kingston Website. Please follow the link to access the clothing. <https://specialtytrophies.ca/skatekingston/>

END OF YEAR ICE SHOW – If you are a participant of the Winter Programs, you are eligible to participate in our end of year ice show happening March 27, 2025. Watch your emails for details in the coming weeks.

For questions and/or concerns, please contact our Director of CanSkate:

Tonya Van De Ven at tonyavandeven@gmail.com or by phone at 613-453-7689