



# January 2025

All ice is on CUPE 109 ice pad (unless otherwise noted)  
 Times/locations in RED indicate change from normal schedule

SU	MONDAY	TU	WEDNESDAY	THURSDAY	FRI	SATURDAY
<b>JANUARY NOTES:</b>  January 1 <sup>st</sup> – No Ice (New Year's Day) January 18 <sup>th</sup> – All ice at Kinsmen Arena ALL skating shifted to between 2:30 and 8:30 pm due to tournaments.			<b>1</b>  <b>HAPPY NEW YEAR'S!</b>  <b>NO ICE</b>	<b>2</b> <b>STAR C:</b> 4:00-5:30 pm <b>STAR C Off-Ice:</b> 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> <b>CanSkate:</b> 5:40-6:25 pm <b>STAR A/B Off-Ice:</b> 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> <b>STAR A:</b> 6:35 – 7:35 pm <b>STAR B:</b> 6:35 – 7:45 pm <i>Flood 7:45-7:55 pm</i> <b>Adult STAR 5+:</b> 7:55-8:50 pm	<b>3</b>	<b>4</b> <b>Adult/Teen LTS:</b> 8:00-8:40 am <b>Adv CS:</b> 8:40-9:25 am <b>Adv Adult/Teen LTS:</b> 8:40-9:25 am <b>Adult STAR 1-4:</b> 8:40-9:25 am <i>Flood 9:25-9:35 am</i> <b>CanSkate 1:</b> 9:35-10:20 am <i>Flood 10:20-10:30 am</i> <b>STAR A/B:</b> 10:30-11:25 am <i>Flood 11:25-11:35 am</i> <b>CanSkate 2:</b> 11:35 am–12:20 pm <i>Flood 12:20-12:30 pm</i> <b>STAR C:</b> 12:30-1:50 pm <b>Special O:</b> 11:00-11:50 am MemC
<b>5</b>	<b>6</b> <b>STAR B:</b> 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> <b>CanSkate:</b> 6:20-7:05 pm <b>STAR B/C Off-Ice:</b> 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> <b>STAR C:</b> 7:15-8:50 pm	<b>7</b>	<b>8</b> <b>STAR B:</b> 4:00-5:15 pm <b>STAR B Off-Ice:</b> 5:25-5:55 pm <b>STAR A Off-Ice:</b> 4:40-4:55 pm <b>STAR A:</b> 5:05-6:10 pm <b>Advanced CS:</b> 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> <b>CanSkate:</b> 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> <b>STAR C Off-Ice:</b> 6:25-7:05 pm <b>STAR C:</b> 7:15-8:50 pm	<b>9</b> <b>STAR C:</b> 4:00-5:30 pm <b>STAR C Off-Ice:</b> 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> <b>CanSkate:</b> 5:40-6:25 pm <b>STAR A/B Off-Ice:</b> 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> <b>STAR A:</b> 6:35 – 7:35 pm <b>STAR B:</b> 6:35 – 7:45 pm <i>Flood 7:45-7:55 pm</i> <b>Adult STAR 5+:</b> 7:55-8:50 pm	<b>10</b>	<b>11</b> <b>Adult/Teen LTS:</b> 8:00-8:40 am <b>Adv CS:</b> 8:40-9:25 am <b>Adv Adult/Teen LTS:</b> 8:40-9:25 am <b>Adult STAR 1-4:</b> 8:40-9:25 am <i>Flood 9:25-9:35 am</i> <b>CanSkate 1:</b> 9:35-10:20 am <i>Flood 10:20-10:30 am</i> <b>STAR A/B:</b> 10:30-11:25 am <i>Flood 11:25-11:35 am</i> <b>CanSkate 2:</b> 11:35 am–12:20 pm <i>Flood 12:20-12:30 pm</i> <b>STAR C:</b> 12:30-1:50 pm <b>Special O:</b> 11:00-11:50 am MemC
<b>12</b>	<b>13</b> <b>STAR B:</b> 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> <b>CanSkate:</b> 6:20-7:05 pm <b>STAR B/C Off-Ice:</b> 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> <b>STAR C:</b> 7:15-8:50 pm	<b>14</b>	<b>15</b> <b>STAR B:</b> 4:00-5:15 pm <b>STAR B Off-Ice:</b> 5:25-5:55 pm <b>STAR A Off-Ice:</b> 4:40-4:55 pm <b>STAR A:</b> 5:05-6:10 pm <b>Advanced CS:</b> 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> <b>CanSkate:</b> 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> <b>STAR C Off-Ice:</b> 6:25-7:05 pm <b>STAR C:</b> 7:15-8:50 pm	<b>16</b> <b>STAR C:</b> 4:00-5:30 pm <b>STAR C Off-Ice:</b> 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> <b>CanSkate:</b> 5:40-6:25 pm <b>STAR A/B Off-Ice:</b> 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> <b>STAR A:</b> 6:35 – 7:35 pm <b>STAR B:</b> 6:35 – 7:45 pm <i>Flood 7:45-7:55 pm</i> <b>Adult STAR 5+:</b> 7:55-8:50 pm	<b>17</b> <b>Ice on Jan 18<sup>th</sup>; 2:30-8:30 pm Kinsmen Ice Pad</b>	<b>18</b> <b>Adult/Teen LTS:</b> 2:30-3:10 pm <b>Adv CS:</b> 3:10-3:55 pm <b>Adv Adult/Teen LTS:</b> 3:10-3:55 pm <b>Adult STAR 1-4:</b> 3:10-3:55 pm <i>Flood 3:55 – 4:05 pm</i> <b>CanSkate 1:</b> 4:05 – 4:50 pm <i>Flood 4:50 – 5:00 pm</i> <b>STAR A/B:</b> 5:00 – 5:55 pm <i>Flood 5:55 – 6:05 pm</i> <b>CanSkate 2:</b> 6:05 – 6:50 pm <i>Flood 6:50 – 7:00 pm</i> <b>STAR C:</b> 7:00 – 8:20 pm <b>Special O:</b> 11:00-11:50 am MemC
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