



November 2024

All ice is on CUPE 109 ice pad (unless otherwise noted)
Times/locations in RED indicate change from normal schedule

SUN	MONDAY	TUE	WEDNESDAY	THURSDAY	FRI	SATURDAY
NOVEMBER NOTES: Saturday Nov 2nd: Special O ice is at Kinsmen Arena Saturday Nov 16th: <ul style="list-style-type: none"> All skating at Centre 70 Ice Pad No regular STARSkate – simulation and seminar day Saturday Nov 23rd: <ul style="list-style-type: none"> All skating at Centre 70 Ice Pad No CanSkate/Advanced CanSkate/Adult LTS – Drop-In Option for STARSkate Sunday Nov 24th: High Assessment Day for STARSkate					1	2 Adult/Teen LTS: 8:00-8:40 am STAR A: 8:40-9:35 am Advanced CS: 8:40-9:25 am <i>Flood 9:35-9:45 am</i> CanSkate 1: 9:45-10:30 am <i>Flood 10:30-10:40 am</i> STAR B: 10:40-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C: 12:35-1:50 pm Special O: 11:00-11:50 am KINS
3	4 STAR B: 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> CanSkate: 6:20-7:05 pm STAR C Off-Ice: 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C: 7:15-8:50 pm	5	6 STAR B: 4:00-5:15 pm STAR B Off-Ice: 5:25-5:55 pm STAR A Off-Ice: 4:40-4:55 pm STAR A: 5:05-6:10 pm Advanced CS: 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> CanSkate: 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C Off-Ice: 6:25-7:05 pm STAR C: 7:15-8:50 pm	7 STAR C: 4:00-5:30 pm STAR C Off-Ice: 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm STAR A/B Off-Ice: 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR A: 6:35 – 7:35 pm STAR B: 6:35 – 7:35 pm <i>Flood 7:35-7:45 pm</i> Adult STAR: 7:45-8:50 pm	8	9 Adult/Teen LTS: 8:00-8:40 am STAR A: 8:40-9:35 am Advanced CS: 8:40-9:25 am <i>Flood 9:35-9:45 am</i> CanSkate 1: 9:45-10:30 am <i>Flood 10:30-10:40 am</i> STAR B: 10:40-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C: 12:35-1:50 pm Special O: 11:00-11:50 am MemC
10	11 STAR B: 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> CanSkate: 6:20-7:05 pm STAR C Off-Ice: 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C: 7:15-8:50 pm	12	13 STAR B: 4:00-5:15 pm STAR B Off-Ice: 5:25-5:55 pm STAR A Off-Ice: 4:40-4:55 pm STAR A: 5:05-6:10 pm Advanced CS: 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> CanSkate: 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C Off-Ice: 6:25-7:05 pm STAR C: 7:15-8:50 pm	14 STAR C: 4:00-5:30 pm STAR C Off-Ice: 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm STAR A/B Off-Ice: 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR A: 6:35 – 7:35 pm STAR B: 6:35 – 7:35 pm <i>Flood 7:35-7:45 pm</i> Adult STAR: 7:45-8:50 pm	15	16 CENTRE 70 ICE PAD Advanced CS: 8:00-8:40 1m Adult/Teen LTS: 8:00-8:40 am <i>Flood 8:40-8:50 am</i> CanSkate 1: 8:50-9:35 am <i>Flood 9:35-9:45 am</i> CanSkate 2: 9:45-10:30 am <i>Flood 10:30-10:40 am</i> STARSKATE SIMULATIONS 10:40-1:50 pm Special O: 11:00-11:50 am MemC
17	18 STAR B: 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> CanSkate: 6:20-7:05 pm STAR C Off-Ice: 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C: 7:15-8:50 pm	19	20 STAR B: 4:00-5:15 pm STAR B Off-Ice: 5:25-5:55 pm STAR A Off-Ice: 4:40-4:55 pm STAR A: 5:05-6:10 pm Advanced CS: 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> CanSkate: 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C Off-Ice: 6:25-7:05 pm STAR C: 7:15-8:50 pm	21 STAR C: 4:00-5:30 pm STAR C Off-Ice: 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm STAR A/B Off-Ice: 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR A: 6:35 – 7:35 pm STAR B: 6:35 – 7:35 pm <i>Flood 7:35-7:45 pm</i> Adult STAR: 7:45-8:50 pm	22	23 CENTRE 70 ICE PAD DROP-IN ONLY STAR A: 1:00 – 1:50 pm STAR B: 1:00 – 1:50 pm <i>Flood 1:50-2:00 pm</i> STAR C: 2:00 – 2:50 pm Special O: 11:00-11:50 am MemC
24 High Test Day 8 am – 6 pm	25 STAR B: 5:00-6:10 pm <i>Flood 6:10-6:20pm</i> CanSkate: 6:20-7:05 pm STAR C Off-Ice: 6:25-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C: 7:15-8:50 pm	26	27 STAR B: 4:00-5:15 pm STAR B Off-Ice: 5:25-5:55 pm STAR A Off-Ice: 4:40-4:55 pm STAR A: 5:05-6:10 pm Advanced CS: 5:15-6:00 pm <i>Flood 6:10-6:20 pm</i> CanSkate: 6:20-7:05 pm <i>Flood 7:05-7:15 pm</i> STAR C Off-Ice: 6:25-7:05 pm STAR C: 7:15-8:50 pm	28 STAR C: 4:00-5:30 pm STAR C Off-Ice: 5:40-6:20 pm <i>Flood 5:30-5:40 pm</i> CanSkate: 5:40-6:25 pm STAR A/B Off-Ice: 6:00-6:25 pm <i>Flood 6:25-6:35 pm</i> STAR A: 6:35 – 7:35 pm STAR B: 6:35 – 7:35 pm <i>Flood 7:35-7:45 pm</i> Adult STAR: 7:45-8:50 pm	29	30 Adult/Teen LTS: 8:00-8:40 am STAR A: 8:40-9:35 am Advanced CS: 8:40-9:25 am <i>Flood 9:35-9:45 am</i> CanSkate 1: 9:45-10:30 am <i>Flood 10:30-10:40 am</i> STAR B: 10:40-11:30 am <i>Flood 11:30-11:40 am</i> CanSkate 2: 11:40 am–12:25 pm <i>Flood 12:25-12:35 pm</i> STAR C: 12:35-1:50 pm Special O: 11:00-11:50 am MemC