

Excel with us - fun... fitness... passion... achievement

CanSkate Newsletter

Welcome back to another exciting Winter Season at Skate Kingston! We are so excited for the new CanSkate Session to begin, and are excited to welcome back all new and returning skaters. All Skate Canada Programs operate under the same system structure to keep your child moving on the ice. At Skate Kingston, we are proud to be a club that can offer you a program that is taught far and wide across our Nation.

For up to date information, please visit our website www.skatekingston.com for your guide to monthly schedules, prices, pictures and other helpful information. "LIKE" us on our Facebook page at www.facebook.com/SkateKingston and follow us on Instragram at skate_kingston. The attached CanSkate Parent Orientation document has useful reminders about our program.

REMINDERS: Please refer to the calendars attached for Venue Changes and Cancelled Session. We have included the changes below as a reminder:

- Saturday January 6th ALL skating is at Centre 70 Arena
- Saturday January 27th ALL skating is at Centre 70 Arena
- Saturday February 10th NO SKATING. We are hosting a competition at INVISTA.
- Saturday February 17th ALL skating is at Centre 70 Arena
- Wednesday February 28th NO SKATING
- Saturday March 2nd ALL skating is at Centre 70 Arena
- Monday March 18th Ice Show rehearsals begin for those participating.
- Tuesday March 26th Ice Show dress rehearsal. All participating must attend.
- Thursday March 28th Skate Kingston Ice Show
- Friday March 28th Good Friday (Easter Weekend begins)

CANSKATE PARENTS – **MUST** remain at the arena in the upper stands while your child is on the ice. Coaches and PA's are not permitted to take children to the washroom.

PARTICIPANT NAME TAGS – Name tags can be taken off the name tag board at the beginning of each session and attached to your child's clothing so it is visible for Coaches and PAs. Please

do not put the stickers your child receives at the end of the session on the name tags. Please ensure you RETURN name tags at the end of every session.

HELMET POLICY – Reminder to all parents that helmets are mandatory for skaters on the ice. Please ensure they are CSA approved hockey helmets. Bicycle and Skiing helmets are NOT PERMITTED. Skaters will not be allowed on the ice without the proper helmet.

SATURDAY CANSKATE DIRECTOR – For any questions that arise on Saturday Pre-Star, Adult LTS or CanSkate, please see Julie Hughes as she will be the Saturday CanSkate Director.

THEME DAYS – Each Month we will be having a Theme Week.

- January is Sports Jersey Day running from January 22-27th.
- February is Red, White and Pink Day running from February 12-17th.

MANDATORY FUNDRAISER – The Annual Mandatory Fundraising fee of \$30 per family was paid with your registration into Skate Kingston programs. This is inclusive of boxes of chocolate. This chocolate will be distributed as soon as possible during classes once it is received by the skating club. If you skated in the Fall Session, this does not apply to you.

CLOTHING – Please make sure that your child is dressed appropriately. Warm clothing but not too restricting. Please also make sure that they are wearing mittens. Please do not have them wearing any fluffy fabric gloves/mittens as they stick to the ice and leave the fabric pieces behind.

SPRING CANSKATE – Skate Kingston offers CanSkate in the Spring from April to May. More information will be available in late February/early March about available programming.

CLUB CLOTHING – Clothing can now be ordered through the Skate Kingston Website. Please follow the link to access the clothing. https://specialtytrophies.ca/skatekingston/

For questions and/or concerns, please contact our Director of CanSkate:

Tonya Van De Ven at tonya Van De Ven at tonya Van De Ven at tonyavandeven@gmail.com or by phone at 613-453-7689