



INVISTA Centre 1350 Gardiners Road, Kingston, ON K7P 0E5

Tel: 613-546-4291 x 1892

[www.SkateKingston.com](http://www.SkateKingston.com)

\*\*\*We have a MAILBOX at INVISTA Centre\*\*\*

## Recreational Group Skating Winter Program INFORMATION

Deadline for Winter Programs: December 18, 2023

Register early **SPACE IS LIMITED**. Registration will be accepted until classes are full.

### PLEASE NOTE:

- Registration opens online at <https://Skatekingston.uplifterinc.com> on **Wednesday November 29<sup>th</sup> at 8 pm**. Payment via credit card is preferred, but you can also choose cash or cheque which can be mailed or dropped off at the Skate Kingston mailbox by the INVISTA Centre front desk. For anyone that has not used our online registration system, please see the following link on the Skate Kingston website: <http://skatekingston.com/registration/>. New members to our club, can create an account at any time to save time once registration opens. **Be sure that you list the parent who is financially responsible for the account, as the MEMBER, and skaters as the PARTICIPANTS.**

### Skate Kingston Refund Policy:

Requests for refund/credit must be made in writing before the 3<sup>rd</sup> week of skating. Fees will be prorated. There are no refunds after this time unless approved at the discretion of the Board of Directors. A \$15 non-refundable administrative fee will apply to all refunds/credits issued. Note that registration for our programming requires a non-refundable \$59 Skate Canada fee and \$30 non-refundable fundraising fee (if not already paid in Fall 2023).

**NSF cheque charge \$30.00.**

*PLEASE NOTE: Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to events beyond our control, including inclement weather. No refunds will be given for loss of ice out of Skate Kingston's control and any makeup ice is at the discretion of the City of Kingston.*

### Liability Waiver and Release:

It is understood and agreed that Skate Kingston shall NOT be responsible or held liable for any damages, injury, or loss of property to any member, guest or visitor to Skate Kingston regardless of the reason or nature of such damage, loss or injury. Every member, guest or visitor who participates in Skate Kingston on-ice or off-ice activities shall use the Club facilities at his or her own risk. The signatory shall indemnify Skate Kingston and hold them harmless from any claims. The undersigned acknowledges having received and read and agrees to abide by all rules of Skate Kingston and all Skate Canada rules in effect from time to time. **Liability Waiver and Release must be read and signed during the online registration.** Please direct any concerns or questions to the President.

### Feedback

All comments/suggestions/feedback are to be sent in writing either to the President, or the Director of CanSkate.

### Skate Kingston Contact Information

Skate Kingston Office Phone

Skate Kingston Office Administrator - Bonnie Howse

President - Kat Popielaty

Director of CanSkate – Tonya Van De Ven

613-546-4291 ext 1892

[bhowse@cogeco.ca](mailto:bhowse@cogeco.ca)

[kat.popielaty@gmail.com](mailto:kat.popielaty@gmail.com)

[tonyavandeven@gmail.com](mailto:tonyavandeven@gmail.com)

**IMPORTANT – One parent/guardian MUST remain in the arena during their child's lesson. Spectators are urged to sit in the upper stands throughout the session.**

## IMPORTANT – MARK THESE DAYS IN YOUR CALENDARS:

The following Saturday skating sessions will be held at CENTRE 70 Arena (100 Days Road):

- Saturday January 6<sup>th</sup> (first day of lessons)
- Saturday January 27<sup>th</sup>
- Saturday February 17<sup>th</sup>
- Saturday March 2<sup>nd</sup>

Also note: There is NO SKATING on:

- Saturday February 10<sup>th</sup> (Skate Kingston is hosting a STAR 1-4 figure skating competition)
- Wednesday February 28<sup>th</sup>

**CanSkate** INVISTA Centre CUPE 109 Ice Pad and Centre 70 (10 classes):

- Monday 6:25 – 7:10 pm (January 8 – March 11)
- Wednesday 6:20 – 7:05 pm (January 10 – March 13) *NOTE: 9 classes total – no skating Feb 28th*
- Thursday 5:50 – 6:35 pm (January 11 – March 14)
- Saturday 8:45 am – 9:30 am (January 6 – March 16) – *no skating on Feb 10<sup>th</sup>*
- Saturday 11:20 am – 12:05 pm (January 6 – March 16) – *no skating on Feb 10<sup>th</sup>*

**NOTE:** Parent & Tot programming will no longer be available.

**CanSkate** is a 45-minute program taught in a group format by certified coaches and focuses on continuous movement emphasizing the use of dynamic group teaching concepts including fast track, fun zone and station rotation. The CanSkate curriculum is organized into three fundamental areas; Balance, Control and Agility which concentrate on forward and backward skills, stopping, edges, speed, turning and jumping. Skaters will receive ongoing incentives and a report card at the end.

**Pre-Can** is a sub-group on the CanSkate session that is for non-skaters who stay in their own area of the ice. Coaches will determine if skaters need to be in Pre-Can or can be placed in another group as they progress during the session. We look at the information that you provide in the PARTICIPANT Profile on Uplifter to help determine all Skater placements in groups.

**NOTE:** To be eligible for Winter 2024 CanSkate or Pre-Can, skaters MUST BE 4 years old or turning 4 years old by March 31, 2024.

**Cost:**

**Monday, Thursday and Saturday CanSkate:**

- \$216.00 (plus \$59.00 Mandatory Skate Canada & Safe Sport Fee if not already paid in Fall 2023).

**Wednesday CanSkate:**

- \$195.00 (plus \$59.00 Mandatory Skate Canada & Safe Sport Fee if not already paid in Fall 2023)

**Pre-STAR** INVISTA Centre CUPE 109 Ice Pad and Centre 70 (10 classes):

- Wednesday 5:10 – 5:55 pm (January 10 – March 13) *NOTE: 9 classes total – no skating Feb 28th*
- Saturday 8:00 – 8:45 am (January 6 – March 16) – *no skating on Feb 10<sup>th</sup>*

The Pre-Star Program (Pre-Star) is a program that serves as a transition between CanSkate and STARSkate. This program is geared to skaters who show an interest in figure skating and have a basic skating background.

Skaters generally have completed CanSkate Stage 4 badge or have been recommended to register by a coach and will continue to work on remaining CanSkate badges. Please note that skaters must wear figure skates. Skaters will receive ongoing incentives and a report card at the end of the session.

**This program is on at the same time and ice as another group program.**

**Cost:**

**Saturday Pre-STAR:**

- \$236.00 (plus \$59.00 Mandatory Skate Canada & Safe Sport Fee if not already paid in Fall 2023.

**Wednesday Pre-STAR:**

- \$212.00 (plus \$59.00 Mandatory Skate Canada & Safe Sport Fee if not already paid in Fall 2023.

*Please note that this program may not run if minimum registration numbers are not reached.*

**Adult & Teen Learn-to-Skate** INVISTA Centre CUPE 109 Ice Pad and Centre 70 (10 classes):

*Saturday 8:00 – 8:45 am (January 6 – March 16) – no skating on Feb 10<sup>th</sup>*

Adults and teenagers (12 years and older) can enjoy a 45-minute program learning to skate or improve base skills in a relaxed and friendly group lesson atmosphere. Session includes a 45-minute group lesson with a certified coach. Skaters receive ongoing incentives and a report card at the end of the session. **This program is on at the same time and ice as the Pre-STAR session.**

**Cost:** \$236.00 (plus \$59.00 Mandatory Skate Canada & Safe Sport Fee if not already paid in Fall 2023.

*Please note that this program may not run if minimum registration numbers are not reached.*

**Multiple Skater/Day Discounts:**

For every registered skating session over 1 session per family (recreational programming only), a discount will be provided (up to a maximum of 5 sessions):

Sessions Per Family	New 2024 Skaters	Returning Skaters (participated Fall 2023)
1 <sup>st</sup> session	None	Session cost less 10%
2 <sup>nd</sup> session	Session cost less 10%	Session cost less 15%
3 <sup>rd</sup> session	Session cost less 15%	Session cost less 20%
4 <sup>th</sup> session	Session cost less 20%	Session cost less 25%
5 <sup>th</sup> session	Session cost less 25%	

**Skate Canada Helmet Policy:**

CSA hockey helmets are mandatory for children and adults until skater has passed CanSkate Stage 5. Please refer to the Skate Kingston website for more information regarding the Skate Canada official helmet policy.

**Fundraising Commitment:**

Fundraising is a very important part of any non-profit organization. At Skate Kingston this will help to keep ice and program costs reasonable for everyone and contributes to events that are held throughout the year. This money will be used for the following Skate Kingston events: Theme Days, Ice Show, and AGM & Awards Banquet.

**There is a mandatory \$30.00 fundraising fee required for each family enrolled** in Skate Kingston Recreational Programs for the combined Fall/Winter or the separate Fall and/or Winter Sessions. This mandatory fundraising fee paid with registration may be recouped by selling chocolates that total a value of \$30. These chocolates will be distributed sometime during the first few weeks of the session.

**Families with skaters in both CanSkate & STARSkate programs** are ONLY required to do the STARSkate fundraising and volunteer commitments (see STARSkate package). Fundraising fee is NOT charged to families that

have a statement of request for financial assistance (e.g. Jump Start), but volunteer commitment applies (see STARSkate package). Skaters moving to STARSkate from CanSkate during the fall or winter season will be required to fulfill all or partial STARSkate volunteer and fundraising commitments depending on length of season remaining. Fees would be determined and pro-rated.

**Name/Photograph Release:**

Permission for name/photograph publishing (e.g. publishing results, photographs in local papers, other printed material or postings on the Skate Kingston website or other social media) must be reviewed and completed during the online registration. Please direct any concerns or questions to the Office Administrator.