



March 2023

No Special Olympics on March 4th or 18th
 March 4th all skating is at Centre 70 Arena (100 Days Rd, Kingston)
 Ice Show practice schedule will be sent out separately.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Please "LIKE" our Facebook page 		1 STAR B 4:00 – 5:10 pm Pre-STAR 5:10 – 5:55 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	2 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm	3 ALL SKATING AT CENTRE 70 	4 CENTRE 70 Adult LTS / Pre-STAR 8:00-8:45 am STAR A 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> STAR B 9:55 – 11:15 am CS 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> STAR C 12:10-1:50 pm
5 SK HIGH ASSESSMENT DAY #1 (8 am–12 pm)	6 STAR B 5:00 – 6:20 pm CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	7  SK HIGH TEST DAY #2 Mar 8 (12 – 4 pm TBC)	8 STAR B 4:00 – 5:10 pm Pre-STAR 5:10 – 5:55 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	9 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm	10	11 Adult LTS / Pre-STAR 8:00-8:45 am STAR A 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> STAR B 9:55 – 11:15 am CS 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> STAR C 12:10-1:50 pm SO 11:00-11:50 am MemC
12	13 STAR B 5:00 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> STAR C 6:20 – 7:50 pm	14	15 STAR B 4:00 – 5:10 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> STAR C 6:20 – 7:50 pm	16 STAR C 4:00–5:40 pm <i>Flood 5:40 – 5:50 pm</i> STAR B 5:50–7:00 pm Adult 7:00 – 7:50 pm	17	18 STAR A 9:00 – 9:55 am STAR B 9:55 – 11:05 am <i>Flood 11:05 –11:15 am</i> STAR C 11:15 – 12:50 am
19	20 STAR B 5:00 – 6:20 pm CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	21	22 STAR B 4:00 – 5:10 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	23 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS Ice Show 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm	24	25 NO ICE
26	27 STAR B 5:00 – 6:20 pm CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm	28 Ice Show Dress Rehearsal Memorial Centre 4 pm – 9 pm	29 Ice Show Practice 4:00 – 9:00 pm	30 Ice Show Practice 4:00 – 9:00 pm	31	SKATE KINGSTON ICE SHOW (Friday Mar 31) 6 pm Memorial Centre

