





March 2023

No Special Olympics on March 4th or 18th
 March 4th all skating is at Centre 70 Arena (100 Days Rd, Kingston)
 Ice Show practice schedule will be sent out separately.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--------|--|---|---|--|--|--|----------------------|
| | <p>Please "LIKE" our Facebook page</p>  | | <p>1 STAR B 4:00 – 5:10 pm Pre-STAR 5:10 – 5:55 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | <p>2 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm</p> | <p>3 ALL SKATING AT CENTRE 70</p>  | <p>4 CENTRE 70 Adult LTS / Pre-STAR 8:00-8:45 am STAR A 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> STAR B 9:55 – 11:15 am CS 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> STAR C 12:10-1:50 pm</p> | |
| 5 | <p>6 STAR B 5:00 – 6:20 pm CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | 7 | <p>8 STAR B 4:00 – 5:10 pm Pre-STAR 5:10 – 5:55 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | <p>9 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm</p> | 10 | <p>11 Adult LTS / Pre-STAR 8:00-8:45 am STAR A 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> STAR B 9:55 – 11:15 am CS 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> STAR C 12:10-1:50 pm SO 11:00-11:50 am MemC</p> | |
| 12 | <p>13 STAR B 5:00 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> STAR C 6:20 – 7:50 pm</p> | 14 | <p>15 STAR B 4:00 – 5:10 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> STAR C 6:20 – 7:50 pm</p> | <p>16 STAR C 4:00-5:40 pm <i>Flood 5:40 – 5:50 pm</i> STAR B 5:50-7:00 pm Adult 7:00 – 7:50 pm</p> | 17 | <p>18 STAR A 9:00 – 9:55 am STAR B 9:55 – 11:05 am <i>Flood 11:05 –11:15 am</i> STAR C 11:15 – 12:50 am</p> | |
| 19 | <p>20 STAR B 5:00 – 6:20 pm CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | 21 | <p>22 STAR B 4:00 – 5:10 pm Pre-STAR 5:10 – 5:55 pm STAR A 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | <p>23 STAR C 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> CS Ice Show 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> STAR B 6:45 – 7:55 pm Adult 7:55 – 8:50 pm</p> | 24 | 25 | <p>NO ICE</p> |
| 26 | <p>27 STAR B 5:00 – 6:20 pm CS Ice Show 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> STAR C 7:15 – 8:50 pm</p> | <p>28 Ice Show Practice Memorial Centre 4 pm – 9 pm</p> | <p>29 CUPE 109 Ice Show Practice 4:00 – 9:00 pm</p> | <p>30 CUPE 109 Ice Show Practice 4:00 – 9:00 pm</p> | 31 | <p>SKATE KINGSTON ICE SHOW (Friday Mar 31) 3-10 pm Memorial Centre</p> | |