






# January 2023

January 14<sup>th</sup> and 21<sup>st</sup> all skating is at Centre 70 Arena (100 Days Rd, Kingston)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 	<b>2</b> <b>STAR B</b> 5:00 – 6:20 pm <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>3</b>	<b>4</b> <b>STAR B</b> 4:00 – 5:10 pm <b>Pre-STAR</b> 5:10 – 5:55 pm <b>STAR A</b> 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>5</b> <b>STAR C</b> 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> <b>CS</b> 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> <b>STAR B</b> 6:45 – 7:55 pm <b>Adult</b> 7:55 – 8:50 pm	<b>6</b>	<b>7</b> <b>Adult LTS / Pre-STAR</b> 8:00-8:45 am <b>STAR A</b> 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> <b>STAR B</b> 9:55 – 11:15 am <b>CS</b> 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> <b>STAR C</b> 12:10-1:50 pm <b>SO</b> 11:00-11:50 am MemC
<b>8</b>	<b>9</b> <b>STAR B</b> 5:00 – 6:20 pm <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>10</b>	<b>11</b> <b>STAR B</b> 4:00 – 5:10 pm <b>Pre-STAR</b> 5:10 – 5:55 pm <b>STAR A</b> 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>12</b> <b>STAR C</b> 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> <b>CS</b> 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> <b>STAR B</b> 6:45 – 7:55 pm <b>Adult</b> 7:55 – 8:50 pm	<b>13</b> <b>ALL SKATING AT CENTRE 70</b> 	<b>14</b> <b>CENTRE 70</b> <b>Adult LTS / Pre-STAR</b> 8:00-8:45 am <b>STAR A</b> 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> <b>STAR B</b> 9:55 – 11:15 am <b>CS</b> 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> <b>STAR C</b> 12:10-1:50 pm <b>SO</b> 11:00-11:50 am MemC
<b>15</b>	<b>16</b> <b>STAR B</b> 5:00 – 6:20 pm <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>17</b>	<b>18</b> <b>STAR B</b> 4:00 – 5:10 pm <b>Pre-STAR</b> 5:10 – 5:55 pm <b>STAR A</b> 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>19</b> <b>STAR C</b> 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> <b>CS</b> 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> <b>STAR B</b> 6:45 – 7:55 pm <b>Adult</b> 7:55 – 8:50 pm	<b>20</b> <b>ALL SKATING AT CENTRE 70</b> 	<b>21</b> <b>CENTRE 70</b> <b>Adult LTS / Pre-STAR</b> 8:00-8:45 am <b>STAR A</b> 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> <b>STAR B</b> 9:55 – 11:15 am <b>CS</b> 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> <b>STAR C</b> 12:10-1:50 pm <b>SO</b> 11:00-11:50 am MemC
<b>22</b>	<b>23</b> <b>STAR B</b> 5:00 – 6:20 pm <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>24</b>	<b>25</b> <b>STAR B</b> 4:00 – 5:10 pm <b>Pre-STAR</b> 5:10 – 5:55 pm <b>STAR A</b> 5:10 – 6:10 pm <i>Flood 6:10 – 6:20 pm</i> <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>26</b> <b>STAR C</b> 4:00 – 5:40 pm <i>Flood 5:40 – 5:50 pm</i> <b>CS</b> 5:50-6:35 pm <i>Flood 6:35 – 6:45 pm</i> <b>STAR B</b> 6:45 – 7:55 pm <b>Adult</b> 7:55 – 8:50 pm	<b>27</b>	<b>28</b> <b>Adult LTS / Pre-STAR</b> 8:00-8:45 am <b>STAR A</b> 8:45 – 9:45 am <i>Flood 9:45 – 9:55 am</i> <b>STAR B</b> 9:55 – 11:15 am <b>CS</b> 11:15 – 12:00 pm <i>Flood 12:00- 12:10 pm</i> <b>STAR C</b> 12:10-1:50 pm <b>SO</b> 11:00-11:50 am MemC
<b>29</b>	<b>30</b> <b>STAR B</b> 5:00 – 6:20 pm <b>CS</b> 6:20 – 7:05 pm <i>Flood 7:05 – 7:15 pm</i> <b>STAR C</b> 7:15 – 8:50 pm	<b>31</b>	<b>CS</b> – CanSkate <b>Adult/Teen LTS</b> – Adult Learn-To-Skate <b>SO</b> – Special Olympics <b>Adult</b> – Adult STARSkate <b>Pre-STAR</b> – CS Stage 5/6			<b>Please “LIKE” our Facebook page</b>  