

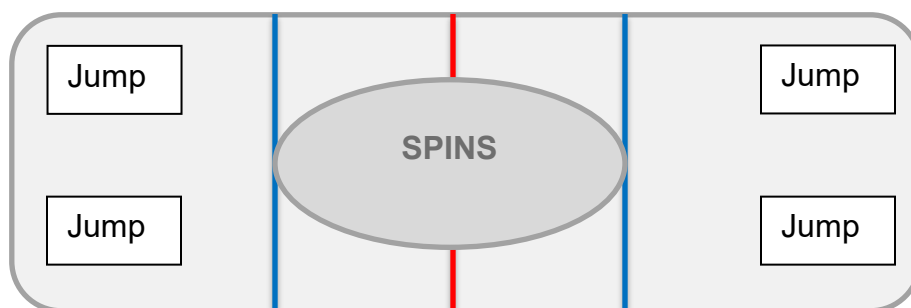


## Skate Kingston Skater Ice Etiquette

*Skate Kingston aims to promote a safe, supportive environment for the skating community that equally respects our common interests and our differences for all skaters to enjoy the sport and fulfill their individual goals within a team spirit.*

### Guidelines for safe and fun skating sessions

- Always make sure you are looking out for other skaters, even when you are skating backwards. **Pay attention at all times.**
- You can practice your spins in the middle oval of the rink. You can practice your jumps in the corners of the rink.



- **Listen and recognize music.** If another skater is practicing their program or their dance to their music, they have the right of way. This means that other skaters should make sure they are getting out of the way of the skater who is skating to their solo/dance music. **Skaters must watch for skaters in a lesson or skating to their solo or dance music.** (Ask your coach to identify solo/dance music so you know what to listen for.)
- If another skater is having a lesson with their coach, please make sure you get out of their way (unless you are doing your dance or your program to music).
- All skaters who accidentally run into each other or cut each other off are encouraged to say "I'm sorry" or excuse themselves in a polite manner, even if it appears that the other person is more at fault. It shows graciousness, maturity and respect – qualities that bring out the best in all of us.
- If you fall, get up immediately.
- Don't talk to coaches when they are working with other skaters.
- Please show courtesy to all skaters and coaches. If you get in another skater's way, please be polite and apologize.
- Skaters can request to have their music played once outside of their lesson. If time permits, they can play their music once more in a lesson. Please make sure to sign up on the music sign-in sheet.
- Skaters are NOT permitted to use personal electronic devices while skating.

Skater Name (print): \_\_\_\_\_

Date: \_\_\_\_\_

Skater Signature: \_\_\_\_\_