



Skate Kingston (SK), INVISTA Centre
1350 Gardiners Road, Kingston, ON K7P 0E5
Tel: 613-544-4442 x 1892 | www.SkateKingston.com
SK MAIL BOX is beside reception desk at INVISTA Centre

Spring 2022 STARSkate Skating Programs INFORMATION

April 4 – June 2, 2022

Operated at INVISTA Centre, CUPE 109 Ice pad

This information relates to Skate Kingston Spring 2022 STARSkate Program information ONLY.

Registration begins **Tuesday March 15th at 7:00 pm**

Deadline for Spring 2022 registration is **Thursday March 31st @ 9 pm**

PLEASE NOTE:

- Registration will be online at <https://Skatekingston.uplifterinc.com>. Payment via credit card is preferred, but you can also choose cash or cheque which can be mailed or dropped off at the Skate Kingston mailbox by the INVISTA Centre front desk. For anyone that has not used our online registration system, please see the following link on the Skate Kingston website: <http://skatekingston.com/registration/>. New members to our club, can create an account at any time to save time once registration opens. **Be sure that you list the parent who is financially responsible for the account, as the MEMBER, and skaters as the PARTICIPANTS.**
- Similar to previous sessions, qualifications will be based on a point system (outlined in Appendix A).
- STARSkate sessions are reserved for youth under 20 years of age. Exceptions to age limitations must be approved by the Skate Kingston Board of Directors.

Skate Kingston Refund Policy:

Requests for refund must be made in writing prior to the end of the second week of skating. Requests for refund after this time will be at the discretion of the board and a medical note is mandatory. A \$45 non-refundable insurance and administrative fee will apply. **NSF cheque charge \$30.**

Schedule

The attached schedule is subject to change. Please check Skate Kingston website (www.skatekingston.com) and submit your e-mail address when registering online to ensure you receive all notices and updates.

Guest Skating/Dance Partnering:

Please contact the Registrar to request guest skating.

Credits

All credits have been uploaded. If you have credits at this time, they must be used as soon as possible. Questions about credits should be directed to SK President, Kat Popielaty.

Skate Canada registration fee of \$44 will be added to the package when registering online (if not already paid in September), as it is not included in pricing below. If you have paid the Skate Canada fee at a different club, please email Bonnie prior to paying for your registration so that your invoice can be updated.

STAR A STARSkate: Includes a 30-minute group lesson each session. **NOTE: A private coach is required for this session.**

Package	Price
Monday	\$168.00
Wednesday	\$216.00

STAR B STARSkate: Private coach is mandatory for this session.

Package	Price
Monday	\$168.00
Tuesday	\$216.00
Wednesday	\$216.00
Thursday	\$192.00

STAR C STARSkate: Private coach is mandatory for this session.

Package	Price
Monday	\$215.00
Tuesday	\$280.00
Wednesday	\$280.00
Thursday	\$250.00

ADULT STARSkate (Age 18+): Must have completed CanSkate Stage 6 or any STAR tests

Thursdays 7:55 – 8:50 pm Price: \$192.00

NOTE: STARSkate session ice for Adult skaters wanting to do more than one session will be limited this Spring based on numbers. *To qualify for STARSkate session ice, Adult STARSkaters MUST be registered for Adult STARSkate.*

This program will not run if registration minimums are not met.

Liability Waiver and Release:

It is understood and agreed that Skate Kingston shall NOT be responsible or held liable for any damages, injury, or loss of property to any member, guest or visitor to Skate Kingston regardless of the reason or nature of such damage, loss or injury. Every member, guest or visitor who participates in Skate Kingston on-ice or off-ice activities shall use the Club facilities at his or her own risk. The signatory shall indemnify Skate Kingston and hold them harmless from any claims. The undersigned acknowledges having received and read and also agrees to abide by all rules of Skate Kingston and all Skate Canada rules in effect from time to time. **Liability Waiver and Release must be read and signed during the online registration.** Please direct any concerns or questions to the President of Skate Kingston.

Name/Photograph Release:

Permission for name/photograph publishing (e.g. publishing results, photographs in local papers, other printed material or postings on the Skate Kingston website or other social media) must be reviewed and completed during the online registration. Please direct any concerns or questions to the Office Administrator.

Skate Kingston Contact Information

Skate Kingston Office Phone
Skate Kingston Office Administrator - Bonnie Howse
Registrar - Kelly James
President - Kat Popielaty

613- 544-4442 ext 1892
bhowse@cogeco.ca
ktjames73@gmail.com
kat.popielaty.sk@gmail.com

APPENDIX A: Skate Kingston Skating Level Matrix

Skate Kingston's qualifications for STAR A, B & C are based on STAR points outlined below.

LEVEL	FREESKATE	SKILLS	DANCE
STAR A 0-3 STAR points	Must have completed CanSkate Stage 6		
STAR B 4-14 STAR points	Need Completed STAR 1	Need Completed STAR 1	Need Completed STAR 1
	AND at least 4 STAR points total		
STAR C At least 15 STAR points	Need Completed STAR 3	Need Completed STAR 6	Need Completed STAR 6
	AND at least 15 STAR points total		

Note: Please see the point system below to determine points.

POINT SYSTEM:

STAR Level	Freeskate points	Skills points	Dance points
STAR 1	1	1	1
STAR 2	2	2	2
STAR 3	3	3	3
STAR 4	4	4	4
STAR 5	5	5	5
STAR 6	6	6	6

Note: This point system continues to STAR 10

Skaters can have different levels (points) for the different disciplines of FreeSkate, Skills and Dance – but must have certain overall total points for qualification for the sessions. In addition to the total points to be on a session, skaters must have completed certain tests to qualify.

Example 1: Jenny has completed her full STAR 2 Freeskate; STAR 4 Skills; and all STAR 3 dances. See green highlight for points total. Jenny has a total score of $2+4+3 = 9$. Based on the chart above, Jenny qualifies for B session.

Example 2: John has completed his full STAR 1 Freeskate; STAR 1 Skills; and STAR 1 dances. He is working on his STAR 2 dances but has not passed all of them. See purple highlight for points total. John has a total score of $1+1+1 = 3$. While John has all the level requirements for STAR B, he does NOT have the STAR points need to be eligible for STAR B. He is therefore eligible for STAR A.



Ice Etiquette for STARSkaters and Coaches

All skaters and coaches must abide by the Ice Etiquette - Code of Conduct posted on the bulletin board. **The Ice Etiquette form must be read and signed during the online registration.** Please direct any concerns or questions to the Director.

SKATERS, PARENTS AND COACHES PLEASE READ THIS INFORMATION CAREFULLY.

PARENTS: PLEASE MAKE SURE TO REVIEW WITH SKATER

Right of Way on the Ice:

- Skaters in a lesson and having music played have priority.
- Coaches should coach from the boards unless they are skating. (Please ensure any discussions are done at board side)
- Cross-discipline coaching is permitted as all sessions are open (unless grouped structured sessions).
- Courtesy and good sportsmanship to coaches and fellow skaters are always expected. If you get in another skater's way, please be polite and apologize.
- If a coach has concerns with the conduct of another coach's skater, the concern should be discussed between the two coaches, unless deemed an immediate safety issue.
- If you fall, get up immediately.
- Skaters and coaches must watch out for those using the harness (if applicable).

Harness:

- Harness usage is not currently available. Should it become available, skaters and coaches will be notified
- All coaches that have been trained to use the harness have access to the combination in the SK Music Room.
- See the SK Director of Skating Programs for training if required. Coaches please operate the harness parallel to the board side for ice safety.

Free Skate:

- Skaters must watch for skaters in a lesson or skating their solo music.
- Spins are to be practiced in the centre of the rink. Jumps are to be practiced in the corners and length of the rink.

Music Request:

- Coaches and skaters must submit their music to be added to the tablet. Music can be emailed to skatekingstonmusic@gmail.com to be added to the tablet. Skate Kingston is unable to allow cd's and individual phones to be used to play music.
- Each coach is entitled to one request per lesson. If there are no other requests (from skaters or coaches) additional requests are permitted.
- Skaters will have their music played in order of request.
- If time permits skaters may have their music more than once.

Other General Issues:

- No food, gum chewing, or drinks are allowed on the ice. Water is allowed.
- Put garbage (including Kleenex) in the containers provided.
- If socializing is disruptive to the session, you may be asked to leave the ice.
- Skaters are NOT permitted to use personal electronic devices (cell phones, iPods & MP3 players) while skating on SK ice. Coaches can use these devices for teaching purposes only. If a coach is observed using these devices for purposes other than teaching their privileges to use them on the ice will be revoked.

PROBLEMS OR CONCERNS ON THE STARSKATE ICE SHOULD BE DISCUSSED WITH SK DIRECTOR(S) OF SKATING AND/OR THE SK PRESIDENT IMMEDIATELY.