



COVID Protocols at Skate Kingston

- CanSkate and Pre-STAR parents:
 - At least one parent/guardian must remain at the arena during the program.
 - Changerooms are clearly marked with "CanSkate" on the door. Please do not use any other changerrooms other than those marked for CanSkate.
 - Please remind your children to maintain physical distancing on the ice as much as possible.
 - Please also remind your children that touching of other participants is not allowed. Note that pushing or contact with other skaters will not be tolerated.
- Prior to arrival at the INVISTA Centre, skaters are asked to please self-screen for COVID-19 symptoms. Skaters exhibiting symptoms should stay home.
- Skaters can only enter and exit through the main doors of the INVISTA Centre.
- Skaters and parents/guardians must stop at the front desk to do vaccine/id check (as required by the City of Kingston) and sign the COVID-19 screening.
 - All Skate Kingston participants age 12 and older must show proof of vaccination and identification
 - All parents/guardians/spectators age 12 and older that wish to enter the arena must show proof of vaccination and identification
- Skaters can enter the facility up to 20 minutes prior to the scheduled skate time.
- Viewing areas are available in the stands above the rink. There is no viewing available from the lobby or from the boards by the rink.
- There is no off-ice warming up inside the facility.
- Masks must always be worn by skaters and parents/guardians when in the facility. Skaters can remove their mask once they step on the ice if they choose to. For children wearing helmets, the mask can be removed once their helmet is on. **Please note that Skate Kingston urges skaters to wear their masks as much as possible, even on the ice.**
- Skaters should stay physically distanced from other skaters as much as possible, even on the ice.
- Skaters must put their mask back on when the session is over, before stepping off the ice and proceeding to the dressing room.
- Skaters and parents/guardians must leave the building within 20 minutes of the session ending.

We wish all our skaters a happy and healthy return to skating!