



Skate Kingston (SK), INVISTA Centre
1350 Gardiners Road, Kingston, ON K7P 0E5
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SK MAIL BOX is beside reception desk at INVISTA Centre

2020 STARSkate Skating Programs INFORMATION

December 1 – December 19

Operated at INVISTA Centre, Kingston Transit Ice pad

This information relates to Skate Kingston December STARSkate Program information ONLY.

PLEASE NOTE:

- Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to circumstances beyond our control, including inclement weather.
- Registration will be online at <https://Skatekingston.uplifterinc.com>. Payment via credit card is preferred, but you can also choose cash or cheque which can be mailed or dropped off at the Skate Kingston mailbox by the INVISTA Centre front desk. For anyone that has not used our online registration system, please see the following link on the Skate Kingston website: <http://skatekingston.com/registration/>. New members to our club, can create an account at any time to save time once registration opens. **Be sure that you list the parent who is financially responsible for the account, as the MEMBER, and skaters as the PARTICIPANTS.**
- STARSkate sessions are reserved for youth under 20 years of age. Exceptions to age limitations must be approved by the Skate Kingston Board of Directors.

Skate Kingston Refund Policy:

Refund requests must be made in writing before December 1st, 2020. Requests for refund after this date are at the discretion of the board and a medical note is mandatory. A \$45 non-refundable insurance and administrative fee will apply to all refunds processed. **NSF cheque charge \$30.00.**

PLEASE NOTE: Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to events beyond our control, including inclement weather. No refunds will be given for loss of ice out of Skate Kingston's control and any makeup ice is at the discretion of the City of Kingston.

Feedback

All comments/suggestions/feedback are to be sent in writing either to Director, the Registrar or members of the Skate Kingston Board of Directors.

Skate Kingston Contact Information

Skate Kingston Office Phone
Skate Kingston Office Administrator - Bonnie Howse
Registrar - Kat Popielaty
President - Krista Richardson

613- 544-4442 ext 1892
bhowse@cogeco.ca
kat.popielaty.SK@gmail.com
skatekrista3993@gmail.com

Please note that there are ice capacity limits as a result of Covid policies. For registration questions, please contact Office Administrator Bonnie Howse.

Early Bird pricing is only applicable to those that submitted Fall Early-Bird forms.

Skate Canada registration fee of \$44 will be added to the package when registering online (if not already paid for this year) and is not included in pricing below.

STAR A STARSkate: Includes a 30-minute group lesson each session. A private coach is NOT required for this session.

Package	Total Sessions	Early-bird	Standard
Wednesday *	3	\$79.50	\$84.00
Saturday	3	\$79.50	\$84.00

* Please note that you can only register for ONE A session on Wednesdays. Registration for an additional Wednesday session will open once all skaters have registered. **Please email Bonnie Howse if you are interested in being notified if additional sessions become available.**

STAR B STARSkate: Private coach is mandatory for this session.

Package	Total Sessions	Early-bird	Standard
Monday **	2	\$48.00	\$51.00
Wednesday	3	\$72.00	\$76.50
Thursday	3	\$72.00	\$76.50
Saturday	3	\$72.00	\$76.50

** Please note that you can only register for ONE B session on Mondays. Registration for an additional Monday session will open once all skaters have registered. **Please email Bonnie Howse if you are interested in being notified if additional sessions become available.**

STAR C STARSkate: Private coach is mandatory for this session.

Package	Total Sessions	Early-bird	Standard
Monday	2	\$48.00	\$51.00
Wednesday	3	\$72.00	\$76.50
Thursday	3	\$72.00	\$76.50
Saturday	3	\$72.00	\$76.50

ADULT STARSkate (Age 18+): Must have completed CanSkate Stage 6 or any STAR tests

Thurs. 7:00 – 7:50 pm Early-bird: \$72.00 Standard: \$76.50

NOTE: STARSkate session ice for Adult skaters wanting to do more than one session will be limited this Fall based on numbers as a result of the ongoing pandemic. *In order to qualify for STARSkate session ice, Adult STARSkaters MUST be registered for Adult STARSkate.*

Guest Skating:

There is no guest skating permitted at this time.

Dance Partnering:

Due to physical distancing restrictions, dance partnering will not be allowed at this time.

Credits

Credits are only applicable to Skate Kingston Home Club Skaters OR non-home club skaters who held a Fall/winter 2019-2020 package with Skate Kingston. **All credits have been uploaded to Uplifter and must be used as soon as possible this Fall 2020 session.** Questions about credits should be directed to SK President, Krista Richardson.

Schedule

The schedule is subject to change. Please check Skate Kingston website (www.skatekingston.com) and submit your e-mail address when registering online to ensure you receive all notices and updates. All skaters may be required to assist with ice patching. If required, ice patching will take place during the last five minutes of the final scheduled flood of the day and between sessions should the need arise. Coaches are requested to determine the need and monitor the ice patching. Lessons may continue during this time.

Liability Waiver and Release:

It is understood and agreed that Skate Kingston shall NOT be responsible or held liable for any damages, injury, or loss of property to any member, guest or visitor to Skate Kingston regardless of the reason or nature of such damage, loss or injury. Every member, guest or visitor who participates in Skate Kingston on-ice or off-ice activities shall use the Club facilities at his or her own risk. The signatory shall indemnify Skate Kingston and hold them harmless from any claims. The undersigned acknowledges having received and read and also agrees to abide by all rules of Skate Kingston and all Skate Canada rules in effect from time to time. **Liability Waiver and Release must be read and signed during the online registration.** Please direct any concerns or questions to the Director.

Name/Photograph Release:

Permission for name/photograph publishing (e.g. publishing results, photographs in local papers, other printed material or postings on the Skate Kingston website or other social media) must be reviewed and completed during the online registration. Please direct any concerns or questions to the Director.

Volunteer Commitment and Fundraising Agreement

At this time, Skate Kingston is not requiring a volunteer or fundraising commitment for the 2020-2021 skating season. Skate Kingston reserves the right to request either volunteer or fundraising commitments in the future if required.

APPENDIX A: Skate Kingston Skating Level Matrix

Skate Kingston's qualifications for STAR A, B & C are based on STAR points outlined below.

LEVEL	FREESKATE	SKILLS	DANCE
STAR A 0-4 STAR points	Must have completed CanSkate Stage 6		
STAR B 5-15 STAR points	Need Completed STAR 1	Need Completed STAR 1	Need Completed STAR 1
	AND at least 5 STAR points total		
STAR C At least 16 STAR points	Need Completed STAR 4	Need Completed STAR 6	Need Completed STAR 6
	AND at least 16 STAR points total		

Note: Please see the point system below to determine points.

POINT SYSTEM: each COMPLETE STAR test is worth 1 point

STAR Level	Freeskate points	Skills points	Dance points	Total points
STAR 1	1	1	1	3
STAR 2	2	2	2	6
STAR 3	3	3	3	9
STAR 4	4	4	4	12
STAR 5	5	5	5	15
STAR 6	6	6	6	18

Note: This point system continues similarly to STAR 10

Skaters can have different levels (points) for the different disciplines of FreeSkate, Skills and Dance – but must have certain overall total points for qualification for the sessions. In addition to the total points to be on a session, skaters must have completed certain tests to qualify.



Ice Etiquette for STARSkaters and Coaches

All skaters and coaches must abide by the Ice Etiquette - Code of Conduct posted on the bulletin board. **The Ice Etiquette form must be read and signed during the online registration.** Please direct any concerns or questions to the Director.

SKATERS, PARENTS AND COACHES PLEASE READ THIS INFORMATION CAREFULLY.

PARENTS: PLEASE MAKE SURE TO REVIEW WITH SKATER

Right of Way on the Ice:

- Skaters in a lesson and having music played have priority.
- Coaches should coach from the boards unless they are skating. (Please ensure any discussions are done at boardside)
- Cross-discipline coaching is permitted as all sessions are open (unless grouped structured sessions).
- Courtesy and good sportsmanship to coaches and fellow skaters are expected at all times. If you get in another skaters way please be polite and apologize.
- If a coach has concerns with the conduct of another coach's skater, the concern should be discussed between the two coaches, unless deemed an immediate safety issue.
- If you fall, get up immediately.
- Skaters and coaches must watch out for those using the harness (if applicable).

Harness:

- Harness usage may not be immediately available as a result of pandemic policies.
- All coaches that have been trained to use the harness have access to the combination in the SK Music Room.
- See the SK Director of Skating Programs for training if required. Coaches please operate the harness parallel to the board side for ice safety.

Free Skate:

- Skaters must watch for skaters in a lesson or skating their solo music.
- Spins are to be practiced in the centre of the rink.
- Jumps are to be practiced in the corners and length of the rink.

Music Request:

- Coaches must submit their music to be added to the tablet. At this time, as a result of pandemic policies, Skate Kingston is unable to allow cd's and individual phones to be used to play music.
- Each coach is entitled to one request per lesson. If there are no other requests (from skaters or coaches) additional requests are permitted.
- Skaters will have their music played in order of request. A sign-up sheet is available at board side to sign up for your music request.
- **Only coaches will be able to sign-up and select/play music for skaters at this time. Pen/stylus will be provided to coaches for this purpose.**
- If time permits skaters may have their music more than once.
- Skaters and Coaches - please be courteous and start the next solo when your solo has finished.

Other General Issues:

- No food, gum chewing or drinks are allowed on the ice. Water is allowed.
- Put garbage (including Kleenex) in the containers provided.
- If socializing is disruptive to the session, you may be asked to leave the ice.
- Skaters are NOT permitted to use personal electronic devices (cell phones, iPods & MP3 players) while skating on SK ice. Coaches can use these devices for teaching purposes only. If a coach is observed using these devices for purposes other than teaching their privileges to use them on the ice will be revoked.

PROBLEMS OR CONCERNS ON THE STARSKATE ICE SHOULD BE DISCUSSED WITH SK DIRECTOR(S) OF SKATING IMMEDIATELY.