



INVISTA Centre 1350 Gardiners Road, Kingston, ON K7P 0E5

Tel: 613-544-4442 x 1892

www.SkateKingston.com

We have a MAILBOX at INVISTA Centre

Recreational Group Skating Program INFORMATION

Deadline for Fall Programs: by September 15, 2019.

Register early SPACE IS LIMITED. Will accept registrations until classes are full.

Skate Kingston offers Skate Canada sanctioned recreational group skating lessons with NCCP Certified Professional Coaches. These two pages provide information about our programs to help you complete the REGISTRATION FORM. Visit our website for updates, special events and news.

IMPORTANT – Parents MUST remain in the arena during their child's lesson.

PROGRAMS- Fall 2019 & Winter 2020 CanSkate, Pre-Can and Parent & Tot

- **GROUP LESSONS START:** Monday Sept 30, Wednesday Oct. 2, Thursday Oct. 3 and Saturday Oct. 5.
- **MANDATORY FEES (SKATE CANADA & SAFE SPORT):** \$44, included in all recreational program costs

INVISTA Centre: Mon 6:20-7:05 pm; Wed 6:20-7:05 pm; Thurs 5:50-6:35 pm; Sat 11:15 -12:00 am

CanSkate is a 45 minute program taught in a group format by certified coaches and focuses on continuous movement emphasizing the use of dynamic group teaching concepts including fast track, fun zone and station rotation. The CanSkate curriculum is organized into three fundamental areas; Balance, Control and Agility which concentrate on forward and backward skills, stopping, edges, speed, turning and jumping. Skaters will receive ongoing incentives and a report card at the end. This program is for children who have completed Pre-Can or have some basic skating skills. **Skaters MUST BE at least 4 years old by start of session.**

Pre-Can and Parent & Tot are on ice with CanSkaters but in a separate group with a 45 minute introductory format lead by a certified coach. This format provides the skater the opportunity to begin to learn the basics of skating either on their own (**Pre-Can**) OR with one parent/guardian on the ice with them (must be the same parent each week due to Skate Canada insurance fees). Often children learn best without a parent/guardian on the ice. If the child will not go on their own the parent/guardian is there to assist, support and encourage and must be able to skate on their own to participate in this program. Parents are encouraged to transition their child to be on their own once they are ready. Participating parents must wear a CSA hockey helmet. Skaters receive ongoing incentives and a report card at the end. **Skaters MUST BE at least 4 years old by start of session.**

Cost CanSkate & Pre-Can: \$215 for 10 sessions - Fall only (or Winter only)

\$355 for 20 sessions - Fall & Winter (MUST register PRIOR TO start of the Fall season)

Cost Parent & Tot: \$250 for 10 sessions: 1 skater + 1 parent Skate Canada fee - Fall only (or Winter only)

\$390 for 20 sessions: 1 skater + 1 parent Skate Canada fee- Fall & Winter (MUST register PRIOR TO start of the Fall season). *For a different parent or guardian to skate an additional Skate Canada fee is required.*

Adult & Teen Learn-to-Skate INVISTA Centre: *Saturday 8:00-8:45 am*

It is never too late to learn to skate! Adults and teenagers of all ages can enjoy a 45 minute program learning to skate in a relaxed and friendly group lesson atmosphere. Session includes a 45 minute group lesson with a certified coach. Skaters receive ongoing incentives and a report card in December and March. **This program is on at the same time and ice as the Pre-STAR session.**

Cost: \$235 for 10 sessions - Fall only (or Winter only)

\$375 for 20 sessions - Fall and Winter (MUST register PRIOR TO start of the Fall season)

SKATE CANADA HELMET POLICY CSA hockey helmets are mandatory for every adult and child participating. Please see Skate Kingston website for more information.

NEW ONLINE REGISTRATION with payment by credit card. We will still accept cash, cheque or money order payable to: Skate Kingston (cheque may be post-dated to Sept. 15, 2019) IF REQUESTED. PLEASE CHECK OUR WEBSITE (www.SkateKingston.com) FOR DETAILS OF OUR ONLINE REGISTRATION.

FUNDRAISING COMMITMENT Fundraising is a very important part of any non-profit organization. At Skate Kingston this will help to keep ice and program costs reasonable for everyone and contributes to events that are held throughout the year. This money will be used for the following Skate Kingston events: Theme Days, Ice Show, and AGM & Awards Banquet.

There is a mandatory \$30.00 fundraising fee required for each family enrolled in Skate Kingston Recreational Programs for the combined Fall/Winter or the separate Fall and/or Winter Sessions. This mandatory fundraising fee paid with registration may be recouped by selling Chocolates that total a value of \$30. These chocolates will be distributed sometime during the first few weeks of the session.

Families with skaters in both CanSkate & STARSkate programs are ONLY required to do the STARSkate fundraising and volunteer commitments (see STARSkate package). Fundraising fee is NOT charged to families that have a statement of request for financial assistance (e.g. Jump Start), but volunteer commitment applies (see STARSkate package). Skaters moving to STARSkate from CanSkate during the fall or winter season will be required to fulfill all or partial STARSkate volunteer and fundraising commitments depending on length of season remaining. Fees would be determined and pro-rated.

FAMILY DISCOUNT OR MULTIPLE SESSIONS EXAMPLES: (NOTE- not exhaustive list, please contact Skate Kingston if you have questions, via phone or visit website for further contact information)

All packages below include the Skate Canada \$44 mandatory fee

1 Day/week skating	10 week session	20 week session
1 st CanSkater or Pre-Can Skater	\$215	\$355
2 nd , 3 rd or more CanSkater in same family	\$195	\$325
Parent and Tot	\$250	\$390
Pre-STAR (please see page 3 for program info.)	\$235	
Pre-STAR + CanSkate session	\$375	
Adult Learn-to-Skate	\$235	\$375
2 Days/week skating	10 week session	20 week session
1 CanSkater	\$355	\$635
Mixture 1 & 2 Day/week skating	10 week session	20 week session
1 st CanSkater 2 days/week	\$355	\$635
2 nd CanSkater in same family 1 day/week	\$195	\$325

SKATE KINGSTON REFUND POLICY Requests must be made in writing before the third week of skating lessons. Fees will be prorated. Requests for refund after the second week of skating lessons are at the discretion of the board and a medical note is mandatory. A \$45 non-refundable insurance and administrative fee will apply. **NSF cheque charge \$30.00.** Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to events beyond our control, including inclement weather.



Pre-STAR STARSkate Program

Must have completed CanSkate Stage 4

Deadline for Fall Program: by September 15, 2019.

Register early SPACE IS LIMITED. Will accept registrations until session is full.

- **SESSION STARTS: Saturday October 5; TIME: 8:00-8:45 am**
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- **MANDATORY FEES (SKATE CANADA & SAFE SPORT): \$44 is included in the program cost**
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- **This program will only run if sufficient numbers**

The Pre-STAR STARSkate program provides an opportunity to those skaters eager to focus on figure skating by introducing skaters to the disciplines of figure skating, along with continuing to work on CanSkate Stage 5 & 6. **It is highly recommended that skaters also participate in a regular CanSkate session with the Pre-STAR program.** The program will offer a 45 minute on-ice group lesson by a NCCP Certified Professional Coach. Ribbons, badges and report cards, similar to the CanSkate program will be given out. **Skaters must have completed CanSkate Stage 4 to join this program** and must wear figure skates.

Cost: \$235 for 10 weeks Pre-Jr (Oct 6 to Dec 8, 2018). \$375 for 10 weeks Pre-Jr + CanSkate session

IMPORTANT – please note:

- ◆ **HELMET POLICY: CSA hockey helmets are mandatory** until skater has passed CanSkate Stage 5. Please refer to the Skate Kingston website for more information regarding the Skate Canada official helmet policy.
- ◆ **Parents MUST remain in the arena during their child's lesson.**
- ◆ **Pre-STAR skaters are on at the same time and ice as our Adult & Teen Learn-to-Skate program**

FUNDRAISING COMMITMENT

Is the same as the other Recreational programs (see page 2 above).

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