



INVISTA Centre 1350 Gardiners Road, Kingston, ON K7P 0E5

Tel: 613-544-4442 x 1892

www.SkateKingston.com

We have a MAILBOX at INVISTA Centre

Recreational Group Skating Program INFORMATION

Deadline for Winter Programs: by December 8, 2018.

Register early **SPACE IS LIMITED. Will accept registrations until classes are full.**

Skate Kingston offers Skate Canada sanctioned recreational group skating lessons with NCCP Certified Professional Coaches. These two pages provide information about our programs to help you complete the REGISTRATION FORM. Visit our website for updates, special events and news.

IMPORTANT – Parents MUST remain in the arena during their child's lesson.

PROGRAMS- Winter 2019 CanSkate, Pre-Can and Parent & Tot

- **GROUP LESSONS START:** Monday Jan. 7, Wednesday Jan. 2, Thursday Jan. 3 and Saturday Jan. 5.
- **MANDATORY FEES (SKATE CANADA & SAFE SPORT):** \$36, included in all recreational program costs

INVISTA Centre: Mon 6:20-7:05 pm; Wed 6:15-7:00 pm; Thurs 5:55-6:40 pm; Sat 11:15 -12:00 am

CanSkate is a 45 minute program taught in a group format by certified coaches and focuses on continuous movement emphasizing the use of dynamic group teaching concepts including fast track, fun zone and station rotation. The CanSkate curriculum is organized into three fundamental areas; Balance, Control and Agility which concentrate on forward and backward skills, stopping, edges, speed, turning and jumping. Skaters will receive ongoing incentives and a report card at the end. This program is for children who have completed Pre-Can or have some basic skating skills. It is recommended that skaters are at least 3.5-4 years old.

Pre-Can and Parent & Tot are on ice with CanSkaters but in a separate group with a 45 minute introductory format lead by a certified coach. This format provides the skater the opportunity to begin to learn the basics of skating either on their own (**Pre-Can**) OR with one parent/guardian on the ice with them (must be the same parent each week due to Skate Canada insurance fees). Often children learn best without a parent/guardian on the ice. If the child will not go on their own the parent/guardian is there to assist, support and encourage and must be able to skate on their own to participate in this program. Parents are encouraged to transition their child to be on their own once they are ready. Participating parents must wear a CSA hockey helmet. Skaters receive ongoing incentives and a report card at the end. **It is highly recommended that skaters are at least 3.5 to 4 years old.**

Cost CanSkate & Pre-Can: \$200 for 10 sessions

Cost Parent & Tot: \$235 for 10 sessions: includes 1 parent Skate Canada fee

For a different parent or guardian to skate an additional Skate Canada fee is required.

If skated fall 2018 session Cost for Parent & Tot is \$200 for 10 sessions (parent Skate Canada fee not needed if paid in fall session)

Adult & Teen Learn-to-Skate INVISTA Centre: *Saturday 9:00-9:45 am*

It is never too late to learn to skate! Adults and teenagers of all ages can enjoy a 45 minute program learning to skate in a relaxed and friendly group lesson atmosphere. Session includes a 45 minute group lesson with a certified coach. Skaters receive ongoing incentives and a report card in December and March. **This program is on at the same time and ice as the Pre-Junior session.**

Cost: \$220 for 10 sessions - Fall only (or Winter only)

SKATE CANADA HELMET POLICY CSA hockey helmets are mandatory for every adult and child participating. Please see Skate Kingston website for more information.

REGISTRATION FORMS and cheques will be accepted until classes are full. Forms may also be mailed OR dropped off in the Skate Kingston mailbox at the INVISTA centre. **We accept cash, cheque or money order payable to:** Skate Kingston (cheque may be post-dated to December 8, 2018). We do NOT accept debit cards, credit cards or e-transfers.

FUNDRAISING COMMITMENT Fundraising is a very important part of any non-profit organization. At Skate Kingston this will help to keep ice and program costs reasonable for everyone and contributes to events that are held throughout the year. This money will be used for the following Skate Kingston events: Theme Days, Ice Show, and AGM & Awards Banquet.

There is a mandatory \$30.00 fundraising fee required for each family enrolled in Skate Kingston Recreational Programs for the combined Fall/Winter or the separate Fall and/or Winter Sessions. This mandatory fundraising fee paid with registration may be recouped by selling Chocolates that total a value of \$30. These chocolates will be distributed sometime during the first few weeks of the session.

Families with skaters in both CanSkate & STARSkate programs are ONLY required to do the STARSkate fundraising and volunteer commitments (see STARSkate package). Fundraising fee is NOT charged to families that have a statement of request for financial assistance (e.g. Jump Start), but volunteer commitment applies (see STARSkate package). Skaters moving to STARSkate from CanSkate during the fall or winter season will be required to fulfill all or partial STARSkate volunteer and fundraising commitments depending on length of season remaining. Fees would be determined and pro-rated.

FAMILY DISCOUNT OR MULTIPLE SESSIONS EXAMPLES: (NOTE- not exhaustive list, please contact Skate Kingston if you have questions, via phone or visit website for further contact information)

All packages below include the Skate Canada \$36 mandatory fee

1 Day/week skating	10 week session
1 st CanSkater or Pre-Can Skater	\$200
2 nd , 3 rd or more CanSkater in same family	\$190
Parent and Tot (only winter)	\$235
Parent and Tot (fall & winter)	\$200
Pre-Junior (winter only)	\$220
Pre-Junior (fall & winter)	\$190
Pre-Junior + CanSkate session	\$355
Adult Learn-to-Skate	\$220
2 Days/week skating	10 week session
1 CanSkater	\$335
Mixture 1 & 2 Day/week skating	10 week session
1 st CanSkater 2 days/week	\$335
2 nd CanSkater in same family 1 day/week	\$190

Please use **ONE REGISTRATION FORM PER SKATER AND CLEARLY MARK** program choices with an **X** on each form (page 4 of package). **TO DETERMINE TOTAL FAMILY FEES**, add up all package fees (based on individual rate, family discount, number of days/week and session) and **add to fundraising fee (\$30)**.

FUNDRAISING FEE IS ONLY REQUIRED ONCE PER YEAR – SO IF SKATED FALL SESSION THERE IS NO FEE FOR THE WINTER. ENTER FEES ON REGISTRATION FORM - One cheque per family permissible.

SKATE KINGSTON REFUND POLICY Requests must be made in writing before the third week of skating lessons. Fees will be prorated. Requests for refund after the second week of skating lessons are at the discretion of the board and a medical note is mandatory. A \$40 non-refundable insurance and administrative fee will apply. **NSF cheque charge \$30.00.** Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to events beyond our control, including inclement weather.



Pre-Junior STARSkate Program

Must have completed CanSkate Stage 4

Deadline for Winter Program: by December 8, 2018.

Register early SPACE IS LIMITED. Will accept registrations until session is full.

- **SESSION STARTS: Saturday January 5; TIME: 9:00-9:45 am**
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- **MANDATORY FEES (SKATE CANADA & SAFE SPORT): \$36 is included in the program cost**
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- **This program will only run if sufficient numbers**

The Pre-Junior STARSkate program provides an opportunity to those skaters eager to focus on figure skating by introducing skaters to the disciplines of figure skating, along with continuing to work on CanSkate Stage 5. **It is highly recommended that skaters also participate in a regular CanSkate session with the Pre-Junior program.** The program will offer a 45 minute on-ice group lesson by a NCCP Certified Professional Coach. Ribbons, badges and report cards, similar to the CanSkate program will be given out. **Skaters must have completed CanSkate Stage 4 to join this program** and must wear figure skates. Those skaters who have completed Stage 5 and are interested in figure skating would go directly to our Junior STARSkate program, please see separate STARSkate package (posted on website).

Cost: \$220 for 10 weeks Pre-Jr (Jan 5 to Mar 9, 2019). \$355 for 10 weeks Pre-Jr + CanSkate session
If skated Pre-Jr in fall 2018 session Cost for winter: \$190

IMPORTANT – please note:

- ◆ **HELMET POLICY: CSA hockey helmets are mandatory** until skater has passed CanSkate Stage 5. Please refer to the Skate Kingston website for more information regarding the Skate Canada official helmet policy.
- ◆ **Parents MUST remain in the arena during their child's lesson.**
- ◆ **Pre-Juniors are on at the same time and ice as our Adult & Teen Learn-to-Skate program**

FUNDRAISING COMMITMENT

Is the same as the other Recreational programs (see page 2 above).

SKATE KINGSTON REFUND POLICY Requests must be made in writing before the third week of skating lessons. Fees will be prorated. Requests for refund after the second week of skating lessons are at the discretion of the board and a medical note is mandatory. A \$40 non-refundable insurance and administrative fee will apply. **NSF cheque charge \$30.00.** Schedules and information are subject to change. Skate Kingston is not responsible for loss of ice due to events beyond our control, including inclement weather.

Winter 2019 Recreational Group Programs Registration Form

Deadline: December 8, 2018 to better guarantee spot. **Will accept until classes full.**

PLEASE PRINT Skater Information. **PLEASE USE ONE FORM PER SKATER.**

Surname:		First name:		Init.
Street address:				
City:		Province:		Postal Code:
Birthdate: MM/DD/YYYY		Age:		Male / Female
Skate Canada number:			Home Club No: 1000493 - Skate Kingston	
Previous skating experience (Program or Club, if not in Skate Kingston CanSkate program previously):				
Highest CanSkate Badge Level Achieved as of Registration Date:		0 1 2 3 4 5 6 (Please Circle)		
Parent/Guardian Name:			Parent/Guardian Name:	
Skating Parent NAME for Parents & Tots program if applicable:		M / F		Skating Parents Birthdate: (MM/DD/YYYY)
E-Mail Address: (used only for internal Skate Kingston communications to members)				
Home Phone:		Cell:		Work:
Emergency Contact:			Phone:	
Please list any medical issues you think coaches should be aware of				

PLEASE MARK PROGRAM day(s) with an **X**

CanSkate	Mon 6:20-7:05 pm	Wed 6:15-7:00pm	Thurs 5:55-6:40pm	Sat 11:15-12:00am
Pre-Can or Parent & Tot	Mon 6:20-7:05pm	Wed 6:15-7:00pm	Thurs 5:55-6:40pm	Sat 11:15-12:00am
Pre-Junior				Sat 9:00-9:45am
Adult Learn-to-Skate				Sat 9:00-9:45am

PLEASE MARK SESSION with an **X**

		Winter-10 weeks	
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PAYMENT: Cash _____
 Cheque # _____
 Received _____
 Staff initials _____

Skater Package Price (Refer to Information pages for rates)	
Mandatory Fundraising (1 annual fee per family)	+ \$30
Total Fees	=

REFUND POLICY:

Requests must be in writing before the third week of skating lessons (\$40 non-refundable). After this a medical note is required. More details on page 2. Please Note: Skate Kingston is not responsible for loss of ice due to events beyond our control.

We accept cash, cheque or money order payable to: Skate Kingston (may post-date cheque to December 8, 2018). We do NOT accept debit cards, credit cards, or e-transfers. **Liability Waiver and Release:** It is understood and agreed that Skate Kingston shall NOT be responsible or held liable for any damages, injury, or loss of property to any member, guest or visitor to Skate Kingston regardless of the reason or nature of such damage, loss or injury. Every member, guest or visitor who participates in Skate Kingston on-ice or off-ice activities shall use the Club facilities at his or her own risk. The signatory shall indemnify Skate Kingston and hold them harmless from any claims. The undersigned acknowledges having received and read and also agrees to abide by all rules of Skate Kingston and all Skate Canada rules in effect from time to time.

I hereby grant permission to Skate Kingston to publish results, photographs in local papers, other printed material or post on the Skate Kingston website or other social media.

Yes No

Signature _____ Date _____

STAFF USE ONLY
SC REGISTERED _____