



Excel with us - fun... fitness... passion... achievement

STARSkate Newsletter



Welcome back to another exciting season at Skate Kingston. We have just wrapped up our first month of skating and are looking forward to the coming months. Hopefully everyone has had a chance to get back on their blades!

For up to date information, please visit our website www.skatekingston.com for your guide to monthly schedules, STARSkate newsletters, prices, pictures and other helpful information. "LIKE" us on our Facebook page at www.facebook.com/SkateKingston and follow us on Instagram at [skate_kingston](https://www.instagram.com/skate_kingston).

REMINDER: THANKSGIVING HOLIDAY – There is **NO SKATING** on Monday, October 8th.

PA TRAINING – Thank you to all of our skaters that came out to the PA training session. We are very lucky to have so many dedicated Program Assistants at Skate Kingston.

A **BIG CONGRATULATIONS** to Jessica Lui who competed in a number of competitions over the summer and is now ranked in the top 20 in Canada at the Pre-Novice level.

GOOD LUCK to our skaters competing at Octoberfest in October.

CHANGE ROOMS – Reminder that skaters are to be using the designated change rooms for putting skates on. The city does not allow the use of the lobby for putting on skates.

CHOCOLATE FUNDRAISER – Chocolates should arrive to the club by mid October. An email will be sent out when they arrive with details about when they should be picked up.

OFF ICE – We still have spaces available in our Saturday off ice session from 2 – 3 pm. There will also be drop in sessions available for \$15 per session. Please contact Kate Laird.

THEME WEEK – There will be a Halloween Theme days on October 25th, 27th, 29th and 31st. These theme days are not just for CanSkate. We encourage all skates to take part and have fun!!

For questions and/or concerns, please contact our Directors of Skating Programs:

Tonya Van De Ven at tonyavandeven@gmail.com

Hilary Whitall at lil_whitall@hotmail.com

REMINDER OF STARSKATE SESSIONS:

Junior: Thursdays 6:40 pm – 7:40 pm
 Saturdays 8:00 am – 9:00 am

Intermediate: Mondays 5:00 pm – 6:20 pm
 Wednesdays 5:00 pm – 6:15 pm
 Saturdays 9:55 am - 11:15 am

Senior: Mondays 7:15 pm – 8:50 pm
 Wednesdays 7:10 pm – 8:50 pm
 Thursdays 4:00 pm – 5:45 pm
 Saturdays 12:10 pm - 1:50 pm

Adult: Thursdays 7:50 pm – 8:50 pm