



Excel with us - fun... fitness... passion... achievement

CanSkate Newsletter



Welcome back to another exciting season at Skate Kingston. We are so excited for the new CanSkate Session to begin, and we hope your kids are too!! All Skate Canada Programs operate under the same system structure to keep your child moving on the ice. At Skate Kingston, we are proud to be a club that can offer you a program that is taught far and wide across our Nation.

For up to date information, please visit our website www.skatekingston.com for your guide to monthly schedules, STARSkate newsletters, prices, pictures and other helpful information. "LIKE" us on our Facebook page at www.facebook.com/SkateKingston and follow us on Instagram at [skate_kingston](https://www.instagram.com/skate_kingston).

PARENT ORIENTATION MEETINGS – Please read through the Parent Orientation Package (found on the website). This package explains everything you will need to know about our CanSkate Program. It will also give you some important information to keep on file. On the Second week of lessons (see Calender below) for your child's session, we will be having parent orientation meetings – Oct 10, 11, 13 and 15. This is a great opportunity for you to meet either Tonya Van De Ven (Mondays and Thursdays) or Hilary Whitall (Wednesdays and Saturdays) – your Directors of Skating Programs, find out a bit more information about the club and its programs, and answer any other questions that you might have about the CanSkate Program. The meetings will be held in a designated change room and will start after the warm up, when your child's lesson begin. Information about our Pre-Junior Program will be discussed as well.

REMINDER: THANKSGIVING HOLIDAY – There is **NO SKATING** on Monday, October 8th.

CANSKATE PARENTS – must remain at the arena while your child is on the ice. Coaches and PA's are not permitted to take children to the washroom.

HELMET POLICY – Reminder to all parents and tot parents that helmets are mandatory for skaters and parents on the ice. Please ensure they are CSA approved hockey helmets.

CHANGE ROOMS – Reminder that skaters are to be using the designated change rooms for putting skates on. The city does not allow the use of the lobby for putting on skates.

CHOCOLATE FUNDRAISER – Chocolates should arrive to the club by Mid October. An email will be sent out when they arrive with details about when they should be picked up.

THEME DAYS – Each Month we will be having a Theme Week. This month's theme is "Halloween." Oct 24, 25, 27 & 29. Please feel free to wear a costume (no long dresses or anything that will hinder your skating). No mask, as you must wear your helmet. You can also wear Black and Orange.

HALLOWEEN NIGHT – Please note there is **NO CANSKATE** on October 31st.

CLOTHING – Please make sure that your child is dressed appropriately. Warm clothing but not too restricting. Please also make sure that they are wearing mittens. Please do not have them wearing any fluffy fabric gloves/mittens as they stick to the ice and leave the fabric pieces behind.

For questions and/or concerns, please contact our Directors of Skating Programs:

Tonya Van De Ven at tonyavandeven@gmail.com

Hilary Whitall at lil_whitall@hotmail.com

REMINDER OF CANSKATE SESSIONS:

Mondays 6:20 pm – 7:05 pm

Wednesdays 6:15 pm – 7:00 pm

Thursdays 5:55 pm – 6:40 pm

Saturdays 11:15 am – 12:00 pm

ADULT LEARN TO SKATE:

Saturdays 9:00 am – 9:45 am

PRE-JUNIOR:

Saturdays 9:00 am – 9:45 am