

SKATE KINGSTON STARSkate



Special Interest Articles:

- [PA Training](#)
- [Fundraising](#)
- [Good Luck](#)
- [Thanksgiving](#)
- [Change Rooms](#)
- [Off Ice](#)
- [Theme Weeks](#)

★★★★★
For questions and/or
concerns please contact our
Director of Skating
Programs:

Margaret Asselstine
sk8gr8norman@hotmail.com



VISIT OUR WEBSITE www.skatekingston.com

The Skate Kingston website - your guide to monthly schedules, [STARSkate](#) newsletters, prices, pictures and other helpful information

Please "LIKE" our Facebook page: www.facebook.com/SkateKingston

INVISTA Centre - [Kingston Transit](#) Ice Pad - STARSkate JR ([Stage 6/STAR 1](#))
Monday - 5:00-6:00 pm
Thursday - 6:45-7:50 pm
Saturday - 9:10-10:10 am

INVISTA Centre - [Kingston Transit](#) Ice Pad - STARSkate INT ([STAR 2-5](#))
Monday Low - 5:00-6:20 pm High - 7:15-8:30pm
Wednesday - 5:00-6:15 pm
Thursday High - 4:30-5:50pm
Saturday - 8:00-9:10am

INVISTA Centre - [Kingston Transit](#) Ice Pad - STARSkate SR ([STAR 6-Gold](#))
Monday - 7:15-8:50 pm
Wednesday - 7:10-8:50 pm
Thursday - 4:00-5:50 pm
Saturday - 11:15-12:50 pm

INVISTA Centre - [Kingston Transit](#) Ice Pad - STARSkate Adult
Thursday - 8:00-8:50pm

For any questions please contact our office administrator:
Bonnie Howse 613-544-4442 ext. 1892
bhowse@cogeco.ca

Welcome to your second month of skating for the 2017/2018 season. September was a great month and for those of you who did not skate this summer, it gave you a chance to get back on your blades and into the swing of things!!

PA TRAINING - We would like to thank all of our skaters who came out to the PA training session that was held on [Sat Sept 16th](#). We have a wonderful group and could not have a successful CanSkate Program without you!!

FUNDRAISER CHOCOLATE - [should arrive in mid October. An email will be sent out once it arrives with details about when to pick up.](#)

GOOD LUCK - to our skaters competing at Autumn Skate in [Nepean Sept 29 - Oct 1!!](#) We know you will represent our club well!!

THANKSGIVING HOLIDAY - There is **NO SKATING** on Monday Oct [9th](#).

SATURDAY OCTOBER 21st - All **Skating Sessions** will be at the **Cataraqi Arena**

CHANGE ROOMS - [reminder that skaters are to be using the change rooms for putting skates on. The city does not allow use of the lobby areas for putting skates on.](#)

OFF ICE - [we still have spaces available in our Saturday off ice session from 1-2pm.](#)

THEME DAYS - Each month we will be having a Theme Week. This month's theme is "Halloween." [On Oct 25, 26, 28 & 30, please feel free to wear a costume \(no long dresses or anything that will hinder your skating and no masks please\) or you can also wear Black and Orange. These Theme Weeks are not only for CanSkate, but also for all of our skaters to participate and have fun!!!](#)

COMMUNICATION - [During the season we will be emailing out information regularly along with calendars. If you miss the information please check the website.](#)