

SKATE KINGSTON CANSKATE



VISIT OUR WEBSITE www.skatekingston.com

The Skate Kingston website - your guide to monthly schedules, CanSkate newsletters, prices, pictures and other helpful information

Please "LIKE" our Facebook page: www.facebook.com/SkateKingston

INVISTA Centre - Kingston Transit Ice Pad - CanSkate/Parent & Tot

Monday - 6:20 - 7:05 pm

Wednesday 6:15 - 7:00 pm

Thursday 6:00 - 6:45 pm

Saturday 10:20 - 11:05 am

PRE-JUNIOR For Stage 5 and up (for those who complete Stage 4) Saturday 9:10-9:55am

Adult LTS

Thursday 8:00-8:50pm

For any questions please contact our office administrator:

Bonnie Howse 613-544-4442 ext. 1892

bhowse@cogeco.ca

Special Interest Articles:

- Parent Orientation Meetings
- Parents must be at rink
- Change rooms
- Helmets
- Thanksgiving Holiday
- Oct 21 Cataraqi Arena
- Halloween Theme Week

CanSkate Coaches:

Cailee Crotty

Jamie Cyr

Mallory Day

Donna Gao

Natalie Henderson

Julie Hughes

June Lang

Cindy Li

Maddie Oster

Sandra Smeltzer

Jenna Tozzo

Tonya Van De Ven

Hilary Whitall

Alex Wright



For questions and/or concerns please contact our Director of Skating Programs:

Margaret Asselstine
sk8gr8norman@hotmail.com



We are very excited to begin the skating year and are sure that your children are as well. All Skate Canada CanSkate programs have implemented the same system structure that keeps your children moving on the ice. We are proud to be a club that can offer you a program that is taught in skating clubs across our Nation.

PARENT ORIENTATION MEETINGS - Please read through the Parent Orientation Package (found on the website). This package explains just about everything you will need to know about our CanSkate Program. It will also give you some important information to keep on file.

On the **second week of lessons** (see calendar below) for your child's session we will be having parent orientation meetings - Oct 11, 12, 14 & 16. This is a great opportunity for you to meet Margaret Asselstine- your Director of Skating Programs, find out a bit more about the club and its programs, and answer any other questions that you might have about the CanSkate program. The meetings will be held in a designated change room and will start after the warm up, when your child's lessons begin. Info about our Pre-Junior program will be discussed as well.

CANSKATE PARENTS - must remain at the arena while your child is on the ice. Coaches and PA's are not permitted to take children to the washroom.

CHANGE ROOMS - all skaters are to be using the change rooms for putting skates on. The city does not allow use of the lobby areas for putting skates on.

HELMETS - reminder to all parent and tot parents that helmets are mandatory for all parents on the ice.

FUNDRAISER CHOCOLATE - should arrive mid October. An email will be sent out once it arrives with details about when to pick up.

THANKSGIVING HOLIDAY - There is **NO SKATING** on Monday October 9th.

SATURDAY OCTOBER 21st - ALL SKATING CLASSES ARE HELD AT THE CATARAQUI ARENA

COMMUNICATION - During the season we will be emailing out information regularly along with calendars. If you miss the information please check the website.



THEME DAYS - Each Month we will be having a Theme Week. This month's theme is "**Halloween.**" Oct 25, 26, 28 & 30. Please feel free to wear a costume (no long dresses or anything that will hinder your skating). No mask, as you must wear your helmet. You can also wear Black and Orange. Please see the Calendar for the days it will be running.

NAME TAGS - will be on a bench near change room 2. Please be sure to look for your child's name and clip it on to their coat. Please return it to the bench after their session is over. Please do not put any of the incentive stickers on the nametags. Thank you!

CLOTHING - Please make sure that your child is dressed appropriately. Warm clothing but not too restricting. Please also make sure that they are wearing mittens. Please do not have them wearing any fluffy fabric gloves/mittens as they stick to the ice and leave the fabric pieces behind.

AVAILABILITY - We still have spaces available on all CanSkate sessions as well as our Saturday Pre-Junior session.

October 2017 CanSkate Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1	2 CANSKATE 6:20-7:05pm	3	4 CANSKATE 6:15-7:00 pm	5 CANSKATE 6:00-6:45pm ADULT 8:00 – 8:50pm	6	7 PRE-JUNIOR 9:10-9:55am CANSKATE 10:20-11:05 am
8	9 Thanksgiving Holiday! (No Skating) 	10	11 CANSKATE 6:15-7:00 pm Parent Orientation Meeting 6:25 pm	12 CANSKATE 6:00-6:45pm Parent Orientation Meeting 6:10 pm ADULT 8:00 – 8:50pm	13	14 PRE JUNIOR 9:10-9:55 CANSKATE 10:20-11:05 am Parent Orientation Meeting 10:30 am
15	16 CANSKATE 6:20-7:05pm Parent Orientation Meeting 6:30 pm	17	18 CANSKATE 6:15-7:00 pm	19 CANSKATE 6:00-6:45pm ADULT 8:00-8:50pm	20	21 ALL SESSIONS AT CATARAQUI ARENA PRE-JUNIOR 9:10-9:55am CANSKATE 10:20-11:05 am
22	23 CANSKATE 6:20-7:05 pm	24	25 CANSKATE 6:15-7:00 pm Theme Day: Halloween!!!	26 CANSKATE 6:00-6:45pm Theme Day: Halloween!!! ADULT 8:00-8:50pm	27	28 PRE-JUNIOR 9:10-9:55am CANSKATE 10:20-11:05 am Theme Day: Halloween!!!
29	30 CANSKATE 6:20-7:05 pm Theme Day: Halloween!!!	31 