

Off ice schedule Fall 2017

Date	Time	Arena/Room	Instructor
23 September	1-2 pm	INVISTA/Fitness room	Edward
30 September	12-1 pm	INVISTA/Fitness room	Laura
7 October	1-2 pm	INVISTA/Fitness room	Edward
14 October	1-2 pm	INVISTA/Fitness room	Laura
21 October	1-2 pm	Cataraqui/Conference room	Edward
28 October	1-2 pm	INVISTA/Fitness room	Laura
4 November	1-2 pm	Cataraqui/Conference room	Edward
11 November	1-2 pm	INVISTA/Fitness room	Laura
18 November	1-2 pm	INVISTA/Fitness room	Edward
25 November	1-2 pm	INVISTA/Fitness room	Laura
2 December	1-2 pm	Cataraqui/Conference room	Edward
9 December	1-2 pm	Cataraqui/Conference room	Laura